

West Coast Sunshine

COPPERKNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Noah Sierra (USA) - August 2021
音乐: California Girls - David Lee Roth



Start on the word "east" in the line "well east coast girls are hip".

¼ PIVOT X2, SWAY X2 (R, L, R, L).

1-2 Step RF forward, pivot ¼ over L shoulder.
3-4 Repeat counts 1-2 (6:00).
5-6 Sway R hip to R side, sway L hip to L side.
7-8 Repeat counts 5-6.

ROCKING CHAIR R, TRIPLE R BACKWARDS, ROCKING CHAIR L, ¼ SIDE TRIPLE L.

1-2 Rock RF forward, recover on LF.
3&4 Shuffle R backwards.
5-6 Rock LF backwards, recover on RF.
7&8 Shuffle to L side while turning ¼ over R shoulder (9:00).

CROSS/ROCK, SIDE TRIPLE R, ROCKING CHAIR L W/ ¼ PIVOT, COASTER STEP L.

1-2 Cross/rock RF over LF, step/recover on LF.
3&4 Shuffle to R side.
5-6 Rock LF forward while turning ¼ over R shoulder, recover on RF (12:00).
7&8 Coaster step L.

TOUCH R, CROSS R, TOUCH L, CROSS L, BOX STEP W/ ¼ PIVOT.

1-2 Touch RF to R side, cross RF over LF.
3-4 Touch LF to L side, cross LF over RF.
5-6 Cross RF over LF, step LF back.
7-8 Step RF to R side, step LF on RF
(while performing counts 25-32, slowly do a ¼ pivot over R shoulder ~ 3:00) (weight on LF).

NO TAGS/RESTARTS

Please do not alter this step sheet in any way. If you would like to use on your website, please make sure it is in its original format and include all contact details on this script.

If you would like, please send an email to request a complimentary .mp3 copy of the song that goes for this dance, as well as any of my other dances on Copperknob.

Email: noah.sierra.business@gmail.com

Last Update: 17 Oct 2024