

She Bangs New

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Improver
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音乐: She Bangs - Ricky Martin



Info : Intro 80 Counts

Sec 1: Side, Behind, Side, Behind, Side Chasse, Cross Rock, Recover

1-4 Step RF to right, Step LF behind RF, Step RF to right, Step LF behind RF
5&6 Step RF to right, Step LF beside RF, Step RF to right
7-8 Rock Cross LF over RF, Recover onto RF

Sec 2: Side Rock, Recover, Back Rock, Recover, Kick Ball Cross × 2

1-4 Rock Side LF to left, Recover onto RF, Rock Back LF, Recover onto RF
5&6 Kick LF Diagonal Forward left, Ball Step LF in place, Cross RF over LF
7&8 Kick LF Diagonal Forward left, Ball Step LF in place, Cross RF over LF

Sec 3: Side, Behind, Side, Behind, Side Chasse, Cross Rock, Recover

1-4 Step LF to left, Step RF behind LF, Step LF to left, Step RF behind LF
5&6 Step LF to left, Step RF beside LF, Step LF to left,
7-8 Rock Cross RF over LF, Recover onto LF

Sec 4: Side Rock, Recover, Back Rock, Recover, Kick Ball Cross × 2

1-4 Rock Side RF to right, Recover onto LF, Rock Back RF, Recover onto LF
5&6 Kick RF Diagonal Forward right, Ball Step RF in place, Cross LF over RF
7&8 Kick RF Diagonal Forward right, Ball Step RF in place, Cross LF over RF

Sec 5: Forward Step, Lock, Step, Lock Step R, L

1-2 Step RF Diagonal Forward right, Lock LF Behind RF
3&4 Step RF Diagonal Forward right, Lock LF Behind RF, Step RF Diagonal Forward right
5-6 Step LF Diagonal Forward left, Lock RF Behind LF
7&8 Step LF Diagonal Forward left, Lock RF Behind LF, Step LF Diagonal Forward left

Sec 6: Forward Mambo Triple Steps R, L

1-23&4 Rock Forward RF, Recover onto LF, Triple Steps Inplace R,L,R
5-67&8 Rock Forward LF, Recover onto RF, Triple Steps Inplace L,R,L

Sec7: Back Step, Lock, Step, Back Lock Step R, L

1-2 Step RF Diagonal Back right, Lock LF Cross RF
3&4 Step RF Diagonal Back right, Lock LF Cross RF, Step RF Dgonal Back right
5-6 Step LF Diagonal Back left, Lock RF Cross LF
7&8 Step LF Diagonal Back left, Lock RF Cross LF, Step LF Diagonal Back left

Sec 6: Back Mambo Triple Steps R, L

1-23&4 Rock Back RF, Recover onto LF, Triple Steps Inplace R,L,R
5-67&8 Rock Back LF, Recover onto RF, Triple Steps Inplace L,R,L

Tag1(8C) : Paddle Turn 1/4 L × 4, - After 32Counts, on 3Wall & 6Wall (12:00)

1-8 Step RF Forward, Turn 1/4 L onto LF to left × 4

Tag2(4C) : Side, Hold, Together, Hold (with Shimmy) - After 7Wall(12:00)

1-4 Step RF to right, Hold, Step LF beside RF, Hold (with Shimmy)

Start Again

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