

Everything in Between

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Kim Ray (UK) - July 2021
音乐: Everything In Between - Michael Ray



Intro: 16 counts (2/4 walls)

S1: LARGE STEP SIDE RIGHT, BEHIND SIDE CROSS ROCK/RECOVER SIDE CROSS, $\frac{3}{4}$ SPIRAL RIGHT, STEP FORWARD, PIVOT $\frac{1}{2}$ TURN RIGHT, RUNS FORWARD

1 Large step right to right side
2& Cross left behind right, step right to right side
3&4 Cross rock left over right, recover back on right, step left to left side
&5 Cross right over left, stepping back on left as you spiral $\frac{3}{4}$ turn right (9:00)
6&7 Step forward on right, step forward on left, $\frac{1}{2}$ pivot turn right (3:00)
8& Run forward on left, run forward on right

S2: LEAN/ROCK FORWARD/RECOVER, COASTER STEP, $\frac{1}{4}$ PIVOT TURN, STEP FORWARD, FULL TURN RIGHT, ROCK/RECOVER

1-2 Lean/rock forward on left, recover back on right
&3& Step back on left, step right next to left, step forward on left
4&5 Step forward on right, $\frac{1}{4}$ pivot turn left, step forward on right (12:00)
6& $\frac{1}{2}$ turn right stepping back on left, $\frac{1}{2}$ turn right stepping forward on right
7-8& Rock forward on left, recover back on right, $\frac{1}{2}$ turn left stepping forward on left (6:00)

RESTART HERE ON WALL 3 MAKING A FURTHER $\frac{1}{4}$ TURN LEFT TO RESTART AT 3:00

S3: $\frac{1}{4}$ TURN LEFT, LIFT STRETCH KICK, STEP, CROSS, SIDE ROCK/RECOVER, WEAVE SWEEP, BEHIND, $\frac{1}{4}$ TURN, RUN FORWARD, KNEE LIFT, BACK BACK

1 $\frac{1}{4}$ turn left stepping to right side as you raise left knee and stretch out to a gentle kick forward leaning upper body slightly back (3:00)
2&3& Step down on left, cross right over left, rock left to left side, recover on right
4&5 Cross left over right, step right to right side, cross left behind right sweeping right out and back
6&7 Cross right behind left, $\frac{1}{4}$ turn left stepping forward on left, step forward on right lifting left knee up slightly (12:00)
8& Step back on left, step back on right

S4: CROSS, BACK BACK CROSS, SIDE TOGETHER $\frac{1}{8}$ TURN FORWARD, STEP FORWARD, PIVOT $\frac{1}{2}$ TURN, STEP FORWARD, FULL TURN

1&2 Cross left over right (facing 1:30), step back on right, step back on left
&3& Cross right over left (facing 10:30), step left to left side, step right next to left
4-5 $\frac{1}{8}$ turn right step forward on left, step forward on right (1:30)
6&7 Step forward on left, $\frac{1}{2}$ pivot turn right, step forward on left (7:30)
8& $\frac{1}{2}$ turn left stepping back on right, $\frac{1}{2}$ turn left stepping forward on left & make a further $\frac{1}{8}$ turn left to restart at (6:00)

NOTE: WALLS 1 TO 3 ARE STARTED AT 12:00, 6:00 & 12:00. FROM THE RESTART ON WALL 3 THE DANCE IS DANCED TO THE SIDE WALLS ONLY.

Last Update - 3 August 2021