

Mr. Lonely AB EZPZ

COPPER KNOB
STEPSHEETS

拍数: 32
编舞者: Mitzi Day (USA) - July 2021
音乐: Mr. Lonely - Midland

墙数: 1

级数: Absolute Beginner



R HEEL STEP, L HEEL STEP, R HEEL STEP, L HEEL STEP

1-2-3-4 Weight on left foot, place right heel in front then replace right foot to original position.

Weight on right foot, place left heel in front then replace left foot to original position.

5-6-7-8 repeat 1-2-3-4

WALK FORWARD R-L-R- KICK L, WALK BACK L-R-L- TOUCH R.

1-2-3-4 Walk forward right, left, right, then kick left foot forward keeping weight on right foot

5-6-7-8 Walk back left, right, left, touch right besides left foot keeping weight on left foot.

STEP R TOUCH L, STEP TOUCH, STEP TOUCH, STEP TOUCH. OR K STEPS IF CLASS IS READY.

1-2 Step right to right side and touch left to right foot besides instep keeping weight on right foot.

3-4 Step left to left side and touch right foot beside left instep.

5-6-7-8 repeat 1-2-3-4

R SIDE ROCK STEP TO ORIGINAL, L SIDE ROCK STEP TO ORIGINAL POSITION.

1-2-3-4 Step right to right side, recover weight to left foot, step right beside left foot, hold.

5-6-7-8 Step left to left side, recover weight on right foot, step left beside right foot, hold.

You can turn 1/4 to left at end if you wanna make it 4 wall. enjoy the dance! great song!
