

La La La (Build a 'B')

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
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音乐: Build a B*tch - Bella Poarch



Restart on wall 3 after 16C

SECTION 1 : FORWARD POINT -SIDE POINT-COASTER STEP -SAILOR STEP TURN 1/4L

1 - 2 Forward point RF (1) Right side point (2)
3 & 4 Step RF backward (3) step LF beside RF (&) step RF forward (4)
5 - 6 Forward point LF (5) left side point (6)
7 & 8 Cross LF behind RF (7) turn 1/4L step RF beside LF (&) step LF forward (8)

SECTION 2 : PIVOT 1/2TURN FLICK, FORWARD SHUFFLE (L&R)

1 - 2 Step RF forward (1) turn 1/2 L bring weight forward on LF and flick RF (2)
3 & 4 Step RF forward (3) step LF beside RF (&) step RF forward (4)
5 - 6 Step LF forward (5) turn 1/2 R bring weight forward on RF and flick LF (6)
7 & 8 Step LF forward (7) step Rf beside LF (&) step LF forward (8)

SECTION 3 : SYNCOPATED SIDE TOUCH R & L WHILE TURN 1/4 L (2X)ROCK RF COASTER STEP

1 & 2 & Step RF to right side while turn 1/4 L (1) touch LF next to RF (&)Step LF to leftside (2) touch RF next to LF (&)
3 & 4 & Step RF to right side while turn 1/4 L (1) touch LF next to RF (&)Step LF to leftside (2) touch RF next to LF (&)
5 - 6 Step RF forward (5) recover on LF (6)
7 & 8 Step RF backward (7) step LF beside RF (&) step RF forward (8)

SECTION 4 : MAMBO STEP, UNWIND TURN 1/2 R, SHUFFLE, KICK BALL CHANGE

1 & 2 Rock LF forward (1) recover on RF (&) rock LF backward (2)
3 - 4 Touch RF back (3) turn 1/2 R weight on to RF (4)
5 & 6 Step LF forward (5) step RF beside LF (&) step LF forward (6)
7 & 8 Kick forward on RF (7) step RF beside LF (&) step in place on LF(8)

HAPPY DANCING & STAY HEALTHY !!

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