

Bongo Cha Cha Cha

拍数: 32 墙数: 4 级数: Improver
编舞者: Lars Kuif (NL) - July 2021
音乐: Bongo Cha Cha Cha - Goodboys



Starts after 8 counts - No tags, no restart

[1 - 8] Step R. Fwd., Rock + Sway L Fwd., Recover, Step L Fwd., Step R Fwd., Lock Step Fwd., Step R Fwd.

1 - 4 Step R fwd. (1), Rock L fwd. and sway L fwd. (2), recover to RF (3), step L fwd. (4) [12.00]
5, 6&7, 8 Step R fwd. (5), step L fwd. (6), lock R behind L (&), step L fwd. (7), step R fwd. (8) [12.00]

[9 - 16] Step L Fwd., ¼ R, Cross Shuffle, Side-Behind-Side, Touch-Point To Side

1,2 Step L fwd. (1), ¼ turn R recovering weight to RF (2) [03.00]
3&4 Step L across R (3), step R to side (&), step L across R (4) [03.00]
5,6,7 Step R to side (5), step L behind R (6), step R to side (7) [03.00]
&8 Touch L next to R (&), point L to side (8)

Optional: skip & (touch L next to R) and just point L to side on count 8

[17 - 24] ¼ L, Step L Fwd., ½ L, Step R Back, Lock Step Back, Rock R Back, R Side Rock

1,2 ¼ turn L stepping L fwd. (1), ½ turn L stepping R back (2) [06.00]
3&4 Step L back (3), lock R across L (&), step L back (4) [06.00]
5 - 8 Rock R back (5), recover to L (6), rock R to side (7), recover to L (8) [06.00]

[25 - 32] R Cross Rock, Chassé Into ¼ R, ½ Pivot Turn R, Point

1,2 Rock R across L (1), recover to L (2) [06.00]
3&4 Step R to side (3), step L next to R (&), ¼ turn R stepping R fwd. (4) [09.00]
5 - 8 Step L fwd. (5), ½ turn R and switch weight to RF (6), step L fwd. (7), point R to side (8) [03.00]

Begin again!

Questions: larskuifinedance@gmail.com