# Bad Habits - AB



拍数: 32 墙数: 4 级数: Ultra Beginner

编舞者: Denise Brault (USA) - July 2021

音乐: Bad Habits - Ed Sheeran: (Amazon & iTunes)



Intro: 16 counts, start on vocals

Tag wall 6: 1 super easy 4-count tag, repeat first four counts of dance and begin again.

## Section 1: "V' steps

1,2,3,4 Step R forward to R diagonal, Step L forward to L diagonal, Step R back to center, step L

together

5,6,7,8 Step R forward to R diagonal, Step L forward to L diagonal, Step R back to center, step L

together

#### Section 2: "K" Step w/ optional finger snaps

1,2,3,4 Step R forward on R diagonal, touch L next to R and snap, step L back to center, touch R

next to L and snap

5,6,7,8 Step R back on diagonal, touch L next to R and snap, step L forward to center, Touch R next

to L and snap

## Section 3: R side jump with hip shake, L side jump with hip shake

&1 Jump R to R side, touch L next to R
2&3&4 Bump hips R,L,R,L,R (weight ends R)
&5 Jump L to L side, touch R next to L

6&7&8 Bump hips L,R,L,R,L (weight ends on both feet)

## Section 4: Hip circles, step, 1/8 turn paddle, step, 1/8 turn paddle

1,2,3,4 Circle hips anti-clockwise twice (weight ends L)

5,6,7,8 Step R slightly forward, pivot 1/8 turn L taking weight on L, Step R slightly forward, pivot 1/8

turn L taking weigh on L.

#### **BEGIN AGAIN**

### TAG: At the beginning of wall 6 facing 9:00,

Dance one extra "V" step and begin the dance again. Easy to hear in the music.

1,2,3,4 Step R forward to R diagonal, Step L forward to L diagonal, Step R back to center, step L

together

Contact: Denise.Brault@gmail.com