

Ironic

拍数: 72 墙数: 2 级数: Phrased Advanced
编舞者: Hiroko Carlsson (AUS) - July 2021
音乐: Ironic - Campsite Dream : (Spotify)



(Dance starts on lyrics)

Sequence: A(starts facing 12:00)-B(6:00)-B(12:00), A(6:00)-B(12:00)-B(6:00)

Part A

[S1] R Basic NC, Reverse Spiral 3/4R-Fwd, 1/4R L Basic, Reverse Spiral 3/4L-Fwd

- 1 2& Step R to side, Cross L behind R, Cross R slightly over L
3 4 Make a 1/4 turn right stepping back on L, Make a spiral 1/4 turn right on L stepping forward on R (9:00)
5 6& Make a further 1/4 turn right stepping L to the side, Cross R behind L, Cross L slightly over R (12:00)
7 8 Make a 1/4 turn left stepping back on R, Make a spiral 1/4 turn left on R stepping forward on L (3:00)

[S2] Step-Pivot 1/2L-1/2L-Back Rock, Step-Pivot 1/2R-1/2R Coaster Step

- 1 2 Step forward on R, Make a 1/2 turn left recover weight on L (9:00)
3 4& Make a further 1/2 turn left stepping back on R, Rock back on L, Recover weight on R (3:00)
5 6 Step forward on L, Make a 1/2 turn right recover weight on R (9:00)
7&8 Make a further 1/2 turn right stepping back on L, Step R next to L, Step forward on L (3:00)

[S3] Modified Diamond 1/2R Turn, Chase 1/2R Turn

- 1&2 Cross R over L, Make a 1/8 turn right stepping back on L, Step R to the side/hitch L knee (4:30)
3&4 Cross L behind R, Make a 1/8 turn right stepping R to the side, Step forward on L/hitch R knee (6:00)
5& Cross R over L, Make a 1/8 turn right stepping back on L (7:30)
6&7 Step back on R, Step back on L, Make a 1/8 turn right stepping R to the side (9:00)
&8 Step forward on L, Make a 1/2 turn right recover weight on R (3:00)

[S4] Diamond 1/4L Turn, Chase Turn 1/2R, Fwd-Full Spiral-Fwd

- 1&2 Cross L over R, Make a 1/8 turn left stepping back on R, Step L to the side/hitch R knee (1:30)
3&4 Cross R behind L, Make a 1/8 turn left stepping L to the side, Step forward on R (12:00)
&5 Step forward on L, Make a 1/2 turn right recover weight on R (6:00)
6 7 8 Step forward on L, Make a 1/2 turn left stepping back on L into 1/2L spiral turn, Step forward on L (6:00)

[S5] V Step, 2x Pivot 1/2L

- 1 2 Step R out diagonal, Step L out diagonal
3 4 Step R to the centre, Step L to the centre
5 6 Step forward on R, Make a 1/2 turn left recover weight on L (12:00)
7 8 Step forward on R, Make a 1/2 turn left recover weight on L (6:00)

Part B

[S1] Cross w/ Sweep, Extended Weave R, Rock Back, 1/4L Walk-Walk

- 1 2& Cross R over L/sweeping L around, Cross L over R, Step R to the side
3&4& Step L behind R, Step R to the side, Cross L over R, Step R to the side
5 6 Rock back on L, Recover weight on R
7 8 Make a 1/4 turn left stepping forward on L, Step forward on R (3:00)

[S2] Cross w/ Sweep, Extended Weave L into Cross-1/4 R Scissor Step, Step-Pivot 1/4R, Fwd

- 1 2& Cross L over R/sweeping R around, Cross R over L, Step L to the side
3& Step R behind L, Step L to the side
4&5 Cross R over L, Make a 1/4 turn right stepping back on L, Step R next to L (6:00)
6 7 8 Step forward on L, Make a 1/4 turn right recover weight on R, Step forward on L (9:00)

[S3] Fwd w/Twist & Hitch, Back-Back-Back w/Twist & Hitch, Fwd-Fwd, Step-Pivot 1/2L, Step-Pivot 1/4L

- 1 Step forward on R hitching L knee/twist your body to the left (6:00)
2& Recover/step back on L, Step back on R (9:00)
3 Step back on L hitching L knee/twist your body to the right (12:00)
4& Recover/step forward on L, Step forward on R (9:00)
5 6 Step forward on R, Make a 1/2 turn left recover weight on L (3:00)
7 8 Step forward on R, Make a 1/4 turn left recover weight on L (12:00)

[S4] Out-Out-Cross Rock, Out, Out-Ball-Cross, Out-Out-Fwd-Behind-Flick

- 1& Step R out to the side, Step L out to the side
2&3 Cross rock R over L, Recover weight on L, Step R out to the side
4&5 Step L out to the side, Ball step on R, Cross L over R
6& Step R out to the side, Step L out to the side
7&8 Rock forward on R, Recover/step L behind R, Flick R toes to the side (12:00)

Dance finishes at 12:00 o'clock.

**Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 28/Jul/21)**
