

Bad Habits EZ

拍数: 32 墙数: 2 级数: Beginner
编舞者: Alison Johnstone (AUS) - July 2021
音乐: Bad Habits - Ed Sheeran



Tag: End wall 5 there is a 4 count easy tag facing 6.00

Start: On Vocals "Every time You Come around "-16 counts - Clockwise Rotation

(1-8) SIDE, HOLD, BALL (&), SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, SIDE

1 2 Step R to side, Hold
&3 4 Ball step L beside R (&), Side Rock R, Recover on L
5 6 Step R behind L, Step L to side
7 8 Step R over L, Step L to side

(9-16) REVERSE ROCKING CHAIR, ¼ R STEP FORWARD, POINT, STEP, POINT (3.00)

1 2 Rock back on R, Recover on L
3 4 Rock forward on R, Recover on L
5 6 ¼ over R stepping forward on R, Point L to side
7 8 Step forward on L, Point R to side

(17-24) JAZZ BOX, ¼ R MONTERAY (6.00)

1 2 Cross R over L, Step back on L
3 4 Step R to side, Step L together
5 6 Touch R to side, ¼ over R stepping R next to L
7 8 Touch L to side, Step L beside R

(25-32) FORWARD, HOLD, BALL (&), FORWARD, HOLD, BALL (&), ROCK, RECOVER, BACK, BACK

1, 2 Step forward on R, Hold
&3 4 Ball step L beside R (&), Step forward on R, Hold
&5 6 Ball step L beside R (&), Rock forward on R, Recover on L
7 8 Walk Back R, Walk back L

****** END WALL 5 FACING 6.00 TAG - REVERSE ROCKING CHAIR ******

START AGAIN

TAG: End wall 5 facing 6.00 - Reverse Rocking Chair

1, 2 Rock back on R, Recover on L
3, 4 Rock forward on R, Recover on L

ENDING: You will be facing the front at the end of the dance and POW step to R and HOLD!

This dance is great as a floor split to the harder BAD HABITS dances for e.g. by Maggie and Gary.

Huge thank you to Emmy Legni for sending me this track which I rejected at first.....oops.....but now I love it.