

# 1 + 1

拍数: 32      墙数: 4      级数: Improver  
编舞者: Jammart Amélie (BEL) - July 2021  
音乐: 1+1 (feat. Amir) (Banx & Ranx Remix) - Sia



## Intro 16 counts

### WALK 2X, SISCOR CROSS, STRUT SIDE WITH HIP BUMPS, BEHIND SIDE CROSS

1            RF Step forward  
2            LF Step forward  
3            RF Step side R  
&            LF Step next to RF  
4            RF Cross over LF  
5-6          LF Step L to the side and pushing hips L-R  
7            RF Cross behind LF  
&            LF Step side L  
8            RF Cross over RF

### ½ TURN WITH BOUNCE, COASTER STEP, HIP BUMP FORWARD X2

9-10          RF Turn ½ turn with bounce heel  
11           LF Step back  
&            RF Step next to LF  
12           LF Step forward  
13-14        RF Step forward with hips bump R-L  
15-16        LF Step forward with hips bump L-R

### MAMBO STEP FORWARD, MAMBO STEP BACK, MAMBO STEPSIDE X2

17           RF Step forward  
&            LF Recover  
18           RF Step next to LF  
19           LF Step back  
&            RF Recover  
20           LF Step next to RF  
21           RF Step side R  
&            LF Recover  
22           RF Step next to LF  
23           LF Step side L  
&            RF Recover  
24           LF Step next to RF

### ROCK STEP SIDE, BEHIND SIDE CROSS ¼ TURN, WALK X2, FULL TURN

25           RF Step side R  
26           LF Recover  
27           RF Step behind LF  
&            LF Step ¼ turn L  
28           RF Step forward  
29           LF Step forward  
30           RF Step forward  
31           LF Step ½ turn  
&            RF Step ½ turn  
32           LF Step forward

