

Come and Dance (来跳舞 Lai Tiao Wu)

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Heru Tian (INA) - July 2021
音乐: Lai Tiao Wu (来跳舞) (中文DJ加快版) - Hai Lai A Mu (海来阿木)



No Tag, 1 Restart

*** Restart on wall 7 after 16C facing 12.00

INTRO : 32 COUNTS starts from fast beat

SECTION 1 : R CROSS SAMBA- L CROSS SAMBA- ¼ TURN L PADDLE TURN (X2)

1&2 Crossing Rf Over Lf (1), Rocking Lf To Side (&), Recovering On Rf (2)
3&4 Crossing Lf Over Rf (3), Rocking Rf To Side (&), Recovering On Lf (4)
5 6 Press Rf Fwd (5), With Hip Roll Make A ¼ Turn L Facing 9.00 (6) Weight On Lf
7 8 Press Rf Fwd (7), With Hip Roll Make A ¼ Turn L Facing 6.00 (8) Weight On Lf

SECTION 2 : R SYNCOPATED WEAVE STEP- R TOUCH - HIP BUMP- R TOGETHER - L SYNCOPATED WEAVE STEP - L TOUCH- HIP BUMP- L TOGETHER

1&2& Crossing Rf Over Lf (1), Stepping Lf To Side (&), Crossing Rf Behind Lf (2), Stepping Lf To Side (&)
3&4& Touch Rf To Side (3), Push Hip Up (&), Push Hip Down (4), Stepping Rf Together (&)
5&6& Crossing Lf Over Rf (5), Stepping Rf To Side (&), Crossing Lf Behind Rf (6), Stepping Rf To Side (&)
7&8& Touch Lf To Side (7), Push Hip Up (&), Push Hip Down (8), Stepping Lf Together (&)

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SECTION 3 : R ¼ TURN R JAZZ BOX- L CROSS- R SHIMMY - L 1/4 TURN L SIDE SHUFFLE

1-4 Crossing Rf Over Lf (1), Make A ¼ Turn R Facing 9.00, Stepping Lf Back (2), Stepping Rf To Side (3), Crossing Lf Over Rf (4)
5 6 Pressing Rf To Side With Shimmy (5), Close Rf Together With Lf (6)
7&8 Stepping Lf To Side (7), Stepping Rf Together (&), Make A ¼ Turn L Facing 6.00, Stepping Lf Fwd (8)

SECTION 4 : R FWD- PIVOT 1/2 TURN L- R FWD SHUFFLE- ¼ TURN R L TOUCH/HIP BUMP (X3) - L TOGETHER

1 2 Stepping Rf Fwd (1), Make A ½ Pivot Turn L Facing 12.00, Weight On Lf (2)
3&4 Stepping Rf Fwd (3), Stepping Lf Together (&), Stepping Rf Fwd (4)
5-8 Make A ¼ Turn R Facing 3.00, Touch Lf To Side, Push Hip To Left (5), Push Hip To Right (&), Touch Lf To Side, Push Hip To Left (6), Push Hip To Right (&), Touch Lf To Side, Push Hip To Left (7), Push Hip To Right (&), Stepping Lf Together (8)

Start Again...

Finishing The Dance On Wall 13

(During Wall 13, Dance Until 28c And Make A ¾ Turn L With 4x Touch& Bump For Ending Pose Facing 12.00)

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