

Get That Man AB

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4
编舞者: Liz Atkinson (USA) - July 2021
音乐: That Man - Caro Emerald

级数: Absolute Beginner



#32 count introduction, start with lyrics

No Tags/ No Restarts

NOTE: This dance is intended for the new dancer to become comfortable with the jazz box step sequence. Even though the phrasing in the music changes, due to the level, it does not include any restarts.

S1: SIDE, KICK ACROSS, SIDE, KICK ACROSS, SIDE, HEEL SPLITS*

- 1, 2 Step RF to R side, kick LF across RF
- 3, 4 Step LF to L side, kick RF across LF
- 5 Step RF to R side (weight centered)
- 6, 7, 8 Split/wiggle heels out-in X3 with optional hands* (12:00)

*Optional hands- Keeping palms forward and fingers spread, circle hands in opposite directions in front of shoulders (RH clockwise, LH counterclockwise) We call these swirlies!

S2: JAZZ BOX X 2

- 1, 2 Cross RF over LF, step LF back
- 3, 4 Step RF to R side, step LF forward
- 5-8 Repeat Jazz Box steps 1-4 (12:00)

S3: CHARLESTON X 2

- 1, 2 Step RF forward, kick LF forward
- 3, 4 Step LF back, touch RF back
- 5-8 Repeat Charleston steps 1-4 (12:00)

S4: SIDE, TOGETHER, 1/4R FWD, TOUCH, SIDE, TOGETHER, SIDE TOUCH

- 1, 2 Step RF to R side, step LF beside RF
- 3, 4 Turning 1/4R step RF forward (3:00), touch LF beside RF
- 5, 6 Step LF to L side, step RF beside LF
- 7, 8 Step LF to L side, touch RF beside LF - (3:00)

Contact: info@LizAtkinsonDance.com
Asheville, NC, USA