

# Atemlos

拍数: 48                      墙数: 2                      级数: Intermediate  
编舞者: Caecilia M Fatruan (INA) - July 2021  
音乐: Atemlos durch die Nacht - Helene Fischer



Dancing start when the Singer sings

## S1. SIDE, CLOSE, SHUFFLE FWD, SIDE, CLOSE, SHUFFLE FWD

1-2                      RF step to R, LF close together  
3&4                     RF step fwd, LF close together (&), RF step fwd  
5-6                     LF step to L, RF close together  
7&8                     LF step fwd, RF close together (&), LF step fwd

## S2. ROCK FWD, ¼ TURN, ¼ TURN, STEP BACK, TOUCH.

1-2                     RF rock fwd, recover on LF  
3&4                     RF ¼ turn to the right, (facing 3.00) LF close together (&), RF step fwd while making ¼ turn the right (facing 6.00)  
5&6                     LF step fwd while making ¼ turn to the right (facing 9.00) RF step beside (&) LF step to the left side while making ¼ turn to the right (facing 12.00)  
7-8                     RF step back, LF touch in place

## S3. SWEEP, STEP BACK, STEP FWD, LOCK STEP (X2), STEP FWD, HICKS RF

1-2                     LF step sweep back while making ¼ turn the left, RF close together (facing 9.00)  
3-4                     LF step fwd, RF lock step behind  
5-6                     LF step fwd, RF lock step behind  
7-8                     LF step fwd, RF raised to knee level, Hicks

**\*Restart at 20 counts, ends at S3, count 4, RF does not lock step, but touch close beside LF.**

## S4. STEP SIDE, HIP SWAY, HICKS LF, SLIDE LEFT, STEP BACK, STEP SIDE

1234                    RF down step to the right, while hip sway on place, Right, Left, Right, LF raised to knee level, hicks  
5-6                     LF sliding to the Left with 2 count  
7-8                     RF step behind LF, LF step to the left, beside RF

**\*At the time of restart 32 count, LF on the count of 8, do not step beside RF, but recover on LF.**

## S5. JAZZ BOX, RF STEP FWD, LOCK STEP, RF STEP FWD, LF STEP FWD

1-2                     RF cross in front of LF, LF step beside RF while make ¼ turn to right  
3-4                     RF step beside LF, LF step in front of RF (facing 12.00)  
5-6                     RF step fwd, LF step behind  
7-8                     RF step fwd, LF step fwd

## S6. STEP BEHIND, STEP FWD, ROCK FWD ¼ TURN L, RECOVER ¼ TURN L, STEP FWD ¼ TURN L, CLOSE, STEP SIDE ¼ TURN L, STEP BACK ¼ TURN L, CLOSE, STEP FWD ¼ TURN L

1-2                     RF step behind LF, LF step fwd  
3-4                     RF step fwd while making ¼ turn to the left (facing 9.00), Recover on LF while making ¼ turn to the left (facing 6.00)  
5&6                     RF step fwd while making ¼ turn to the left (facing 3.00), LF close together (&), RF step to the right while making ¼ turn to the left (facing 12.00)  
7&8                     LF step back while making ¼ turn to the left (facing 9.00), RF close together (&), LF step to the left while making ¼ turn to the left (facing 6.00)

Restart :

-32 count, On Wall 2, 3, 7, 10

-24 count, On Wall 5  
-20 count, On Wall 9

WELL DONE..YOU DID IT

\*Thank you very much to Mr Peter Yan, for suggesting the music.

CAECILIA M FATRUAN, INDONESIA, 08124883087

---