

Four Strong Winds

COPPER KNOB
BY STEPHEN HETS

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Gaye Teather (UK) - July 2021
音乐: Four Strong Winds - Neil Young : (CD: Comes A Time - iTunes)



#32 count intro - No tags or restarts

There are also other country versions of this song by Waylon Jennings and Bobby Bare
Choreographed in conjunction with the partner dance of the same name by David Dabbs (UK)

Weave Left. Cross rock. Chasse Right

1 - 4 Cross Right over Left. Step Left to Left. Cross Right behind Left. Step Left to Left
5 - 6 Cross rock Right over Left. Recover onto Left
7&8 Step Right to Right side. Step Left beside Right. Step Right to Right side

Cross. Quarter turn Left x 2. Hitch. Sway. Sway. Cross. Point

1 - 2 Cross Left over Right. Quarter turn Left stepping back on Right
3 - 4 Quarter turn Left stepping Left to Left side. Hitch Right knee (Facing 6 o'clock)
5 - 6 Step Right to Right side swaying hips Right. Sway hips Left
7 - 8 Cross Right over Left. Point Left to Left side

Behind. Side. Cross. Hitch. Back. Back. Coaster cross

1 - 2 Cross step Left behind Right. Step Right to Right side
3 - 4 Cross Left over Right (angling body to Right diagonal). Hitch Right knee
5 - 6 Walk back Right. Left (still facing Right diagonal)
7&8 Straightening up to face 6 o'clock step back on Right. Step Left beside Right. Cross Right over Left

Left side rock. Cross shuffle. Right side rock. Cross shuffle

1 - 2 Rock Left to Left side. Recover onto Right
3&4 Cross Left over Right. Step Right to Right side. Cross Left over Right
5 - 6 Rock Right to Right side. Recover onto Left
7&8 Cross Right over Left. Step Left to Left side. Cross Right over Left

Vine quarter turn Left. Step. Pivot half turn Left. Skate Right. Left. Right

1 - 4 Step Left to Left side. Cross Right behind Left. Quarter turn Left stepping forward on Left
5 - 8 Step forward on Right. Pivot half turn Left. Skate forward Right. Left. Right (facing 9 o'clock)

Left cross rock. Chasse Left. Jazz box quarter turn Right. Cross

1 - 2 Cross rock Left over Right. Recover onto Right
3&4 Step Left to Left side. Step Right beside Left. Step Left to Left side
5 - 6 Cross Right over Left. Step back on Left
7 - 8 Quarter turn Right stepping Right to Right side. Cross Left over Right (Facing 12 o'clock)

Reverse Rumba box

1 - 4 Step Right to Right side. Step Left beside Right. Step back on Right. Touch Left beside Right
5 - 8 Step Left to Left side. Step Right beside Left. Step forward on Left. Brush Right forward

Right Rocking Chair. Step. Pivot quarter turn Left x 2

1 - 4 Rock forward on Right. Recover onto Left. Rock back on Right. Recover forward on Left
5 - 8 Step forward on Right. Pivot quarter turn Left. Step forward on Right. Pivot quarter turn Left (Facing 6 o'clock)

Start again
