

Kapan kapan, EZ

拍数: 32 墙数: 1 级数: Beginner
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音乐: Kapan Kapan - Erwin Gutawa & Swara 17



Intro : 64 count

Sequence : 32c, 16c restart, 32c, 32c, 32c, 20c tag , 32c, 16c restart, 32c, 32c , 20c tag, 32c, 32c, 32c, 32c, 32c, 32c

*Tag : on wall 6 & 11 after 20 counts pivot 1/2 turn left 2x.

*Restart : on wall 2 & 8 after 16 counts or after section 2.

Section 1 - Diagonal Forward touch ,Right hip sway & hip bump, diagonal forward Left hip sway & hip bump

1 - 2 touch RF diagonal right with hip sway to right, hip sway to left (weight still on left foot)
3 & 4 hip bump R,L,R (Weight on Right) 1.30
5 - 6 touch LF diagonal left with hip sway to left, hip sway to right (weight on right foot)
7 & 8 hip bump L,R,L (weight on left foot) 10.30.

Section 2 - Cross, recover, side together side, cross, recover, side, together, side

1 - 2 Cross RF over left, recover on LF
3 & 4 step RF side, step LF together, step RF side
5 - 6 Cross LF over right, recover on RF
7 - 8 step LF side, step RF together, Step LF side

(Restart here on wall 2 after 16 count)

Section 3 - Forward touch R, L, Pivot 1/2 turn left, 1/2 Shuffel turn to left

1 - 2 Step RF forward, touch LF to left
3 - 4 Step LF forward, touch RF to right
5 - 6 Step RF forward, 1/2 turn left step LF forward
7 & 8 1/4 turn left step RF side, step LF together, 1/4 turn left step RF back

(Option for the simple way count 5-8 you can do basic Cha Cha ,no need to turn □)

(Tag here on wall 6 & 11 after 20 count do 1/2 pivot turn to left twice, then you will facing 12 O'clock & start from beginning)

Section 4 - Back recover, side Recover, forward touch, side touch, Cousterstep

1 - 2 Step LF back, recover on RF
3 - 4 step LF side, recover on RF
5 - 6 Touch LF forward, touch RF to side
7 & 8 step LF back, step RF together, step LF forward

Enjoy the Dance