

Gadis Manis

拍数: 48 墙数: 2
编舞者: Kristinawati (INA) - July 2021
音乐: Gadis Manis - Koes Plus

级数: Phrased Beginner



Dance Sequence : A-B-B-A-B-B-A-B-B-A-B-B-B
Intro 16 count - No Tag no Restart

Sequence A. 32 count

Sec 1. 1/8 TURN SLOW DIAGONAL LOCK SHUFFLE- 1/4 TURN SLOW DIAGONALLY LOCK SHUFFLE.

- 1-4 1/8 turn to right step R diagonally forward(01.30), step L forward lock behind to R, step R forward, touch L toe forward lock behind to R. (01.30)
- 5-8 1/4 turn to left step L diagonally forward(10.30), step R forward lock behind to L, step L forward, touch R toe forward lock behind to L. (10.30)

Sec 2. 1/8 TURN FORWARD TOUCH-SIDE TOUCH-COASTER STEP-FORWARD TOUCH-SIDE TOUCH-COASTER STEP

- 1-2, 3&4 1/8 turn to right touch R toe forward(12.00), touch R toe to side, step R back, step L together, step R forward.
- 5-6, 7&8 Touch L toe forward, touch L toe to side, step L back, step R together, step L forward. (12.00)

Sec 3. FORWARD HEEL-TOUCH TOGETHER-CHASSE

- 1-2, 3&4 Heel R forward, touch R toe together, step R to side, step L together, step R to side.
- 5-6, 7&8 Heel L forward, touch L toe together, step L to side, step R together, step L to side. (12.00)

Sec 4. SIDE-TOGETHER-SIDE-TOUCH-SIDE-TOGETHER-SIDE-TOUCH

- 1-4 Step R to side, step L together, step R to side, touch L toe together.
- 5-8 Step L to side, step R together, step L to side, touch L toe together.(12.00)

Sequence B. 16 count (REPEAT) 2X

Sec 1. DIAGONALLY LOCK SHUFFLE-FORWARD ROCK- 1/2 TURN-CHASSE

- 1&2, 3&4 Step R diagonally forward, step L forward lock behind to R, step R forward, step L diagonally forward, step R forward lock behind to L, step L forward.
- 5-6, 7&8 Step R forward, recover on L, 1/2 turn to right step R forward, step in place, step R forward.(06.00)

Sec 2. 1/2 TURN CHASSE-BACK ROCK- 1/4 TURN JAZZ BOX-FORWARD

- 1&2, 3&4 1/2 turn to right step R forward, step L in place, recover on R, step L back, recover on R.(12.00)
- 5-8 Cross R over L, 1/4 turn to right step L back, step R to side, step L forward. (03.00)

Repeat B Sec 1 & Sec 2
Wall 2 (06.00)