

Salsa Monica

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Masna Taufik (INA) - July 2021
音乐: Monica (feat. Yana Julio) - Indonesia 6



Intro music : 32 cts , NO TAG NO RESTART

(INTRO DANCE : 32 cts)

Sect 1 FORWARD & BACK MAMBO

1 & 2 Rock R fwd - recover on L - step R back
3 & 4 Rock L back - recover on R - step L fwd
5 & 6 Rock R fwd - recover on L - step R back
7 & 8 Rock L back - recover on R - step L fwd

Sect 2 SIDE MAMBO

1 & 2 Rock R to side - recover on L - step R beside L
3 & 4 Rock L to side - recover on R - step L beside R
5 & 6 Rock R to side - recover on L - step R beside L
7 & 8 Rock L to side - recover on R - step L beside R

Sect 3 SIDE CHASSE, ½ TURN LEFT SIDE CHASSE

1 & 2 R to side - L beside R - R to side
3 & 4 L to side - R beside L - L to side
5 & 6 Turn ½ left R to side - L beside R - R to side (6.00)
7 & 8 L to side - R beside L - L to side

Sect 4 ½ TURN LEFT SIDE CHASSE , V-STEP

1 & 2 Turn ½ left R to side - L beside R - R to side (12.00)
3 & 4 L to side - R beside L - L to side
5 - 8 R diag forward - L to side - R to centre - L beside R

(MAIN DANCE : 32 cts)

Sect 1 CROSS TOUCH, SIDE TOUCH, BOTA FOGO

1 - 2 Touch R cross over L - touch R to side
3 & 4 Cross step R over L - rock L to side - recover on R
5 - 6 Touch L cross over R - touch L to side
7 & 8 Cross step L over R - rock R to side - recover on L

Sect 2 SYNCOPATED CROSS SHUFFLE

1&2& Cross R over L - L to side - cross R over L - L to side
3 & 4 Cross R over L - L to side - cross R over L
5&6& Cross L over R - R to side - cross L over R - R to side
7 & 8 Cross L over R - R to side - cross L over R

Sect 3 JAZZ BOX, ¼ TURN RIGHT JAZZ BOX

1 - 4 Cross R over L - step L back - R to side - L forward
5 - 8 Cross R over L - turn ¼ right step L back - R to side - L forward ..(3.00)

Sect 4 VINE TO RIGHT, ROLLING VINE TO LEFT

1 - 4 Step R to side - L behind R - R to side - touch L to side
5 - 8 ¼ turn left step on L - ½ turn left step R back - ¼ turn left step L to side - touch R to side

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