

Left Hip

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Choi Yoon Jeong (KOR) - July 2021
音乐: Hips (엉덩이) - Banana Girl (바나나 걸)



Intro 32 counts Sequence: 32-32-8-tag(16x2)-32-32-tag(16x2)-32-32-32-32 .

S1. HIP BUMP R-L x4, CROSS, 1/4R, HIP BUMPS

1&2&3&4& Hip bump R-L-R-L-R-L-R-L
5 6 RF cross over LF, 1/4 turn to right LF together
7&8 Hip bump-push your butt back and pull it back and push it out again

****Here On Wall 3 tag 32counts**

S2. JAZZY BOX 1/4R, OUT, OUT, HIP BUMPS

1-4 RF cross over LF, 1/4 turn to right LF back, RF side, LF forward
5 6 7&8 RF side, LF side, hip bump R-L-R

S3. CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE ROCK &, CROSS SHUFFLE

1 2 3&4 LF cross over RF, RF side, LF behind RF, RF side, LF cross over RF
5 6 7&8 RF side rock, LF recover, RF cross over LF, LF side, RF cross over LF

S4. 1/4 L V STEP, JUMPING OUT, IN, OUT, IN

1-4 1/4 turn to left LF diagonal forward, RF diagonal forward, LF center, RF beside LF
5-8 Jumping with both feet apart and gathering x2

TAG: 32 Counts (16 Counts Repeat)

On Wall 3 after 8 counts, (facing 9:00) After Wall 5 (facing 3:00)

S1. DIAGONAL POINT, TOGETHER, -R-L-R-L

1-4 Diagonal RF forward point, RF beside LF, Diagonal LF forward point, LF beside RF,
5-8 Repeat.

S2. BIG SIDE, HIP CIRCLE(cw), SHOULDER ROLL

1-4 RF side with start turning your hip right to left(3), RF beside LF
5-8 Right shoulder roll(2) Left shoulder roll(2)

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