

1+1

拍数: 32 墙数: 4 级数: Low Advanced
编舞者: Hiroko Carlsson (AUS) - July 2021
音乐: 1+1 - Sia : (Spotify)



(32 counts intro)

[S1] Step-Pivot 1/2L, Fwd Rock-Coaster Step, Pivot 1/2L, Fwd Rock-Coaster Step

1 2 Step forward on R, Make a 1/2 turn left recover weight on L (6:00)
3& Rock forward on R, Recover weight on L
4&5 Step back on R, Step L next to R, Step forward on R
6 7& Make a 1/2 turn left recover weight on L, Rock forward on R, Recover weight on L (12:00)
8&1 Step back on R, Step L next to R, Step forward on R

[S2] 1/4R, Sailor Step-Behind-1/4R, Step-Pivot 1/2R-1/2R

2 Make a 1/4 turn right stepping L to the side (3:00)
3&4 R sailor step - Step R behind L, Step L beside R, Step R to the side
&5 Step L behind R, Make a 1/4 turn right stepping forward on R (6:00)
6 7 Step forward on L, Make a 1/2 turn right recover weight on R (12:00)
8 Make a 1/2 turn right stepping back on L (6:00)

[S3] Side, Behind-Side, Cross Rock, Side Rock, Behind w/ Sweep, Behind-Side, Cross Rock, Side Rock

1 Step R to the side
2& Step L behind R, Step R to the side
3&4& Rock L across R, Recover weight on R, Rock L to the side, Recover weight on R
5 Step L behind R/sweeping R around L
6& Step R behind L, Step L to the side
7&8& Rock R across L, Recover weight on L, Rock R to the side, Recover weight on L

[S4] 1/4L w/ Sweep, Back Rock, Step-Pivot 1/2R-1/2R w/ Sweep, Back Rock, Step-Pivot 1/2L

1 Make a 1/4 turn left stepping back on R/sweeping L around R (3:00)
2& Rock back on L, Recover weight on R
3 4 Step forward on L, Make a 1/2 turn right recover weight on R (9:00)
5 Make a further 1/2 right turn stepping back on L/sweeping R around L (3:00)
6& Rock back on R, Recover weight on L
7 8 Step forward on R, Make a 1/2 turn left recover weight on L (9:00)

No tags or restarts

Ending suggestion: (The last wall starts facing 12:00) Step- Pivot 1/4L to the front on count 31, 32.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
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