

# A Viva la Vida (To Live The Life)

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Norman Gifford (USA) - July 2021  
音乐: Viva La Vida - Helene Fischer



## (16 Beat Count-in)

### (Samba locks forward with hip action, botafogo steps forward)

1,a,2      Left cross slightly forward; right lock behind left; left step slightly forward  
3,a,4      Right cross slightly forward; left lock behind right; right step slightly forward  
5,a,6      Left cross forward; right step side; left step slightly side  
7,a,8      Right cross forward; left step side; right step slightly side

### (Mambo-turn ¼ left, volta step side, whisks left & right)

1,a,2      Left rock forward; right replace back; left step side turning ¼ left (9:00)  
3,a,4      Right crossover; right lock behind; right step crossed over  
5,a,6      Left step side; right behind; left replace  
7,a,8      Right step side; left behind; right replace

### (Mambo-step back, sailor-step turning ¼ right, rock-step, coaster-step)

1,a,2      Left rock forward; right replace; left step back  
3,a,4      Right sweep behind turning ¼ right; left together; right step forward (12:00)  
5 - 6      Left rock forward; right replace  
7,a,8      Left step back; right together; left step slightly diagonal

### (Volta steps turning 3/4 left, whisks left & right)

1,a      Right crossover turning left; left lock behind (10:30)  
2,a      Right crossover turning left; left lock behind (7:30)  
3,a      Right crossover turning left; left lock behind (4:30)  
4      Right crossover turning left (3:00) \*\*\*R\*\*\*  
5,a,6      Left step side; right behind; left replace  
7,a,8      Right step side; left behind; right replace

## BEGIN AGAIN

\*\*\*R\*\*\*

RESTART: Done on wall #2 (facing 6:00), wall #6 (facing 6:00), and wall #9 (facing 3:00)

Last Update - 15 July 2021