

Dura

拍数: 80 墙数: 4 级数: Phrased Intermediate
编舞者: Karien Vertenten (SA) & Karin van der Merwe (SA) - June 2021
音乐: Dura - Daddy Yankee



Sequence: A B C Tag B C C A B C Tag

DANCE A - 16 COUNTS

[1-8] RF MAMBO FWD, LF MAMBO BACK, RF SIDE MAMBO X 2

1&2 Rock/Press fwd on to RF [1]. Recover back on to LF [&]. Step RF next to LF [2].
3&4 Rock/Press back on to LF [3]. Recover fwd on to RF [&]. Step LF next to RF [4].
5&6 Rock/Press to right side on RF [5]. Recover to side on LF [&]. Touch RF next to LF [6]
7&8 Rock/Press to right side on RF [7]. Recover to side on LF [&]. Step RF next to LF [8] 12:00

[9-16] LF MAMBO FWD, RF MAMBO BACK, LF SIDE MAMBO X 2

1&2 Rock/Press fwd on to LF [1]. Recover back on to RF [&]. Step LF next to RF [2].
3&4 Rock/Press back on to RF [3]. Recover fwd on to LF [&]. Step RF next to RF [4].
5&6 Rock/Press to right side on LF [5]. Recover to side on RF [&]. Touch LF next to RF [6]
7&8 Rock/Press to right side on LF [7]. Recover to side on RF [&]. Step LF next to RF [8] 12:00

DANCE B - 32 COUNTS

[1-8] R FWD HIP ROLL X 2, 4 X BATACADAS

1,2,3,4 Keeping weight on LF, touch the ball of RF fwd and roll hip clockwise [1,2]. Repeat [3,4]
5&a Step RF back [5] rock weight to LF pushing L hip [&] recover weight to RF [a]
6&a Step LF back [6] rock weight to RF pushing R hip [&] recover weight to LF [a]
7&a Step RF back [7] rock weight to LF pushing L hip [&] recover weight to RF [a]
8&a Step LF back [8] rock weight to RF pushing R hip [&] recover weight to LF [a] 12:00

[9-16] L ½ PADDLE TURN, R & L BOTAFOGAS

1,2,3,4, Keeping weight on LF, Turn 1/8 turn L paddling on RF [5]. Repeat for another 3/8 on [6,7,8]
styling....do shoulder shimmies with elbows bent
5 a 6 Cross RF over LF [5]. Rock LF out to L side [a]. Recover on to RF [6].
7 a 8 Cross LF over RF [7]. Rock RF out to R side [a]. Recover on to LF [8]. 6:00

[17-24] L WEAVE, CROSS ROCK, SIDE ROCK, R BACK SIDE ROCK, L BACK SIDE ROCK

1&2& Cross RF over LF [1]. Step LF to L side [&]. Cross RF behind LF [2]. Step LF to L side [&]
3&4& Rock RF across LF [3]. Recover back on LF [&]. Rock RF to R side [4]. Recover to side on LF [&].
5 a 6 Step RF behind LF [5]. Rock LF to L side [6]. Recover to side on RF [a]
7 a 8 Step LF behind RF [7]. Rock RF to R side [8]. Recover to side on LF [a] 6:00

[18-32] L ½ PADDLE TURN, R & L BOTAFOGAS

1,2,3,4, Keeping weight on LF, Turn 1/8 turn L paddling on RF [5]. Repeat for another 3/8 on [6,7,8]
Styling....do shoulder shimmies with elbows bent
5 a 6 Cross RF over LF [5]. Rock LF out to L side [a]. Recover on to RF [6].
7 a 8 Cross LF over RF [7]. Rock RF out to R side [a]. Recover on to LF [8]. 12:00

DANCE C - 32 COUNTS

[1-8] CROSS & HEEL & TOE & HEEL & CROSS & ¼ TURN HEEL & CROSS & HEEL

1&2&3&4 Cross RF over LF [1]. Step back on LF turning to R diagonal [&]. Touch R Heel to R diagonal [2]. Step down on RF [&]. Touch L Toe behind RF [3]. Step down on LF [&]. Touch R Heel to R diagonal [4].

- &5&6 Step down on RF [&]. Cross LF over RF [5]. Step back on RF turning a ¼ turn L ending to L diagonal [&]. Touch L Heel to L diagonal [6]. 9:00
- &7&8 Step down on LF [&]. Cross RF over LF [7]. Step back on LF turning to R diagonal [&]. Touch RH to R diagonal [8].

[9-16] (2 X SAMBA WHISKS) SIDE BACK ROCK, SIDE BACK ROCK, OUT, OUT, TOGETHER, CROSS, SIDE

- 1 a 2 Step RF to R side [1]. Rock back on LF [a]. Recover on to RF [2]
- 3 a 4 Step LF to L side [3]. Rock back on RF [a]. Recover on to LF [4]
- 5,6 With feet apart, step to R side on RF [5]. Step to L side on LF [6]. Bump hips as you step out, out
- a 7,8 Close RF to LF [a]. Cross LF over RF [7]. Step to R side on RF [8]. 9:00

[17-24] CROSS ROCK, SIDE ROCK, CROSS ROCK, ¼ TURN L, R DORITHY/WIZARD, L DORITHY/WIZARD

- 1&2&3&4 Cross rock LF across RF [1]. Recover on to RF [&]. Rock LF to L side [2]. Recover on to RF [&]. Cross rock LF across RF [3]. Recover on to RF [&]. Turn ¼ turn L stepping fwd on to LF [4]. 6:00
- 5,6 a Step fwd on RF [5]. Lock LF behind RF [6]. Step fwd on RF [a].
- 7,8 a Step fwd on LF [7]. Lock RF behind LF [8]. Step fwd on LF [a].

[25-32] CROSS ROCK, SIDE ROCK, CROSS ROCK, ¼ TURN R, L DORITHY/WIZARD, R DORITHY/WIZARD, HITCH

- 1&2&3&4 Cross rock RF across LF [1]. Recover on to LF [&]. Rock RF to R side [2]. Recover on to LF [&]. Cross rock RF across LF [3]. Recover on to LF [&]. Turn ¼ turn R stepping fwd on to RF [4]. 9:00
- 5,6 a Step fwd on LF [5]. Lock RF behind LF [6]. Step fwd on LF [a].
- 7,8 Step fwd on RF [7]. Lock LF behind RF [8]. Hitch RF [a].

TAG - 16 COUNTS

[1-8] VOLTA ¾ TURN RIGHT, R ROCKING CHAIR, R HIP BUMP

- 1a2a3a4 Start a ¾ turn R - Step down on RF turning ¼ R [1], Step LF behind RF [a], step down on RF turning ¼ R [2], Step LF behind RF [a], Step down on RF turning 1/8 turn R [3] Step LF behind RF [a], Step down on RF turning 1/8 turn R [4],
- 5&6& Rock fwd on LF [5]. Recover back on RF [&]. Rock back on LF [6]. Recover fwd on RF [&]
- 7&8 Touch LF fwd and bump left hip [7]. Recover back on RF [&]. Touch LF next to RF [8]. 6:00

[9-16] VOLTA FULL TURN LEFT, L ROCKING CHAIR, L HIP BUMP

- 1a2a3a4 Start a full turn L - Step down on LF turning ¼ turn L [1], Step RF behind LF [a]...continue with another 3 x ¼ turns till full volta is completed and end on LF [4]
- 5&6& Rock fwd on RF [5]. Recover back on LF [&]. Rock back on RF [6]. Recover fwd on LF [&]
- 7&8 Touch RF fwd and bump right hip [7]. Recover back on LF [&]. Touch RF next to LF [8]. 6:00

START AGAIN AND HAVE FUN!!

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