

Bad Habits Cha

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate Cha Cha
编舞者: Sukyung Son (KOR) - July 2021
音乐: Bad Habits - Ed Sheeran



Intro : 16c

*RESTART & TAG (4c) : after 32c on 3wall (6:00)

[1-9] Side, Cross Rock, Side Shuffle, Back Rock, Kick Ball Point

1-3 Step RF Side, Rock LF Cross, Recover RF
4&5 Step LF Side, RF Next to LF, Step LF Side
6-7 Rock RF Back, Recover LF
8&1 Kick RF Fwd, RF Next to LF, Point LF Side

[10-16] Toe Switch, Batucada

2&3 Hold, LF Next to RF, Point RF Side
4& Hold, RF Next to LF
5-6& Press LF Fwd with Hip, Recover RF, LF Next to RF
7-8& Press RF Fwd with Hip, Recover LF, RF Next to LF

[17-25] Hip Roll with Shuffle, Back Rock, 3/8R Cha Cha Walk

1-2&3 Step LF Side with Hip Roll, Hold, RF Next to LF, Step LF Side
4-5 Rock RF Back, Recover LF
6-7 1/8R Step RF Fwd, Step LF Fwd (1:30)
8&1 1/4R Step RF Fwd, LF Next to RF, Step RF Fwd (4:30)

[26-33] 3/8R Cha Cha Walk, Fwd Rock, Back Shuffle

2-3 1/4R Step LF Fwd, Step RF Fwd (7:30)
4&5 1/8R Step LF Fwd, RF Next to LF, Step LF Fwd (9:00)
6-7 Rock RF Fwd, Recover LF
8&1 Step RF Back, LF Next to RF, Step RF Back

[34-41] Back Rock, Full Turn R, Fwd, 5/8L Sweep, Sailor

2-3 Rock LF Back, Recover RF
4&5 1/2R Step LF Back, 1/2R Step RF Fwd, Step LF Fwd (9:00)
6-7 Step RF Fwd, 5/8L Sweep LF (1:30)
8&1 Step LF Behind, LF Next to RF, Step LF Side

[42-49] Cuban Break, 3/8L Diamond

2&3 Rock RF Cross, Recover LF, Step RF Side
4&5 Rock LF Cross, Recover RF, Step LF Side
6&7 Step RF Fwd, Step LF Fwd, 1/8L Step RF Side (12:00)
8&1 1/8L Step LF Back, Step RF Back, 1/8L Step LF Side (9:00)

[50-57] 1/4L Diamond, Back Rock, Side, Time Step

2&3 1/8L Step RF Fwd, Step LF Fwd, 1/8L Step RF Side (6:00)
4&5 Rock LF Back, Recover RF, Step LF Side
6&7 RF Next to LF, LF Next to RF, Step RF Side
8&1 LF Next to RF, RF Next to LF, Step LF Side

[58-64] Spiral, Fwd Shuffle, Lock, Back, Side Shuffle

2-3 Step RF Fwd, Full/L Spiral (6:00)
4&5 Step LF Fwd, RF Next to LF, Step LF Fwd

&6-7 Step RF Fwd, Lock LF Behind with Ball, Step LF Back
&8 Step RF Side, LF Next to RF

***TAG : 4c after 32c on 3wall (6:00)**

&1-4 Recover LF, 1/4L Point RF Side, Hold with Free Pose × 3 (Weight on LF)

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