

Lento Samba

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Arra (INA) - July 2021
音乐: Lento - Thalía & Gente de Zona



Start dance on lyric

Restart : On Wall 2 after 16 C (facing 03.00)

S.1 CROSS SAMBA-CROSS SHUFFLE-TOUCH-COASTER STEP

1 & 2 Cross RF over L-Step LF to Side-Step RF in place
3 & 4 Cross LF over R-Step RF to side-Cross LF over R
5 & 6 Touch R.F to Side-Touch RF beside L-Touch RF to side
7 & 8 Step RF to Back-Close LF beside R-Step RF forward

S2 DIAMOND 1/2 TURN L- MAMBO STEP-TOUCH

1&2& Step LF diagonal forward to L-Step RF to side-Step LF back diagonal-RF knee Up
3 & 4 Step RF back-Step LF to side-Step RF forward
5 & 6 Step LF forward-RF in place-LF close beside R
7 & 8 Step RF back-LF in place-Touch RF beside L (06.00)

S.3 SAMBA WISK-FORWARD SHUFFLE-TOUCH BACK-BACK SHUFFLE

1a2 Step RF to side-LF ball cross behind R-Step RF in place
.3 & 4 : Step LF to forward-Step RF behind L-Step LF to forward
5&6& Touch RF behind L-Step RF back-Touch LF over R-Step LF forward
7 & 8 Step RF to back-Step LF over R-Step RF Back

S4 BASIC SAMBA (Backward-Forward) -VOLTA 3/4 TURN L

1 a 2 Step LF to back-Step RF beside L-Step LF in place
3 a 4 Step RF to forward-Step LF beside R-Step RF in Place
5a6a Step LF Forward-Turn 1/4 L step RF next to L-Step LF Forward-Turn 1/4 L step RF next to L
7 a 8 Step LF forward-Turn 1/4 L step R next to L (09.00)