

Sad Movies

拍数: 84 墙数: 4
编舞者: Vincy Leung (CAN) - July 2021
音乐: Sad Movies - Boney M.



Intro : Start from the vocal 40 Counts

Sequence : A AB BBB AB BBB

A : 64 Counts

S1 RF Point Fwd., Step, LF Side Point, Step, Forward Shuffle, Touch

1-4 RF Point fwd., RF Step next to LF, LF Point to L, LF Step next to RF
5-8 RF Step fwd., LF Step next to RF, RF Step fwd., LF Touch next to RF

S2 LF Side Point, Step, RF Point Back, Step, Back shuffle, Touch

1-4 LF Point to L, LF Step next to RF, RF point to the back, RF Step next to L
5-8 LF Step back, RF Step next to LF, LF Step back, RF Touch next to LF

S3 Shuffle ¼ turn to R (x 4 times)

1&2 RF Step ¼ turn to R(3 o'clock), LF Step next to RF, RF Step fwd.
3&4 LF Step ¼ turn to R(6 o'clock), RF Step next to LF, LF Step fwd.
5&6 RF Step ¼ turn to R(9 o'clock), LF Step next to RF, RF Step fwd.
7&8 LF Step ¼ turn to R(12 o'clock), RF Step next to LF, LF Step fwd.

S4 Jazz Box ¼ Turn To Right, Toe, Struct, Toe, Struct

1-4 RF Cross over LF, LF Step back, RF step ¼ turn to R, LF Step next to RF
5-8 RF Toe touch fwd., RF Step in place, LF Toe touch next to RF, LF Step next to RF

S5 Heel Splits Twice, Side, Together, Side, Side Together, Side

1-4 With weight on balls of feet split heels apart, bring heels together (x2 times)
5&6 RF Step to R, LF Step next to RF, RF Step to R
7&8 LF Step to L, RF Step next to LF, LF Step to L

S6 Fwd. Rock, Shuffle ½ Turn To The R, Fwd. Rock, Shuffle ½ Turn To The L

1-2, 3&4 RF Step fwd., LF Recover, RF Step ¼ turn R, LF Step next RF, RF Step ¼ turn R
5-6, 7&8 LF Step fwd., RF Recover, LF Step ¼ turn L, RF Step next LF, LF Step ¼ turn L

S7 Monterey ¼ Turn R (x2 Times)

1-4 RF touch to the R, Turn ¼ to the R & step RF next to the LF, LF touch to the L, Step LF next to the RF
5-8 Same as 1-4

S8 Point Fwd., Point Side, Point Behind, Step Together (R&L)

1-4 RF Point fwd., RF Point to R, RF Point behind LF, Step RF next to LF
5-8 LF Point fwd., LF Point to L, LF Point behind RF, Step LF next to RF

B : 20 Counts, When repeating, step ¼ turn to the right.

S1 Skate Forward, Hold(R,L,R,L)

1-4 Skate RF to R diagonally fwd., Hold, Skate LF to L diagonally fwd., Hold
5-8 Same as 1-4

S2 Forward, Together, Back, Hold, Coaster Step, Hold

1-4 RF Step fwd., LF Step next RF, RF Step back, Hold
5-8 LF Step back, RF Step next to LF, LF Step fwd., Hold

S3 Side Step, Touch Behind (R&L)

1-4 RF Step to R, LF Touch behind RF, LF Step to L, RF Touch behind LF

Enjoy the dance!

Contact : heatbeat2002@gmail.com
