

The Only One

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Bunda Chris (INA) - July 2021
音乐: The Only One - Sierra Soetedjo



START ON LYRICS

S1. RUMBA BOX - STEP DOWN - FORWARD

1&2 Step L To Side, Step R Together,
3&4 Step L Back together R, Side R L Together R Forward
5&6 Step Down L Forward, Hips
7&8 Step Down R Forward, Hips

S2. PRISSY WALK - STEP CROSS - FORWARD

1 - 2 Prissy Walk L R Forward
3 &4 Mambo Cross L Recover
5 - 6 Prissy Walk R L Forward
7 &8 Mambo Cross R Recover

S3. SIDE BACK CROSS - MOVE STEP SWITCHES

1&2 Step L Side Together Side
3&4 Step Cross Back, Recover Side R
5&6&7&8 Step Back Side, Forward Side, Back Side, Forward Side

S4. TURN L ¼ - WALK - HIPS RIGHT - SIDE TURN ½

1 - 2 Turn ¼ Hitch, Step Walk RL,
3&4 Step Together, Hips
5&6 Side L Together R
7&8 Turn Side L ½, Step Rock R, Recover

LETS DANCE AND ENJOY IT

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