Ten Out Of Ten



拍数: 56 墙数: 4 级数: Intermediate

编舞者: Syafri's Fitri (INA) - July 2021

音乐: 10 Out of 10 - Louchie Lou & Michie One



Start: After Intro 32 C

RESTARTS: Wall 2 after 48 C Wall 4 after 40 C Wall 6 after 4 C

I. (SIDE - ROCK BACK CROSS) R/L - WALK FORWARD R/L/R -HITCH

1 2& Step R to side, step L back cross,recover onR3 4& Step L to side, step R back cross,recover onL

5 6 Step R/L Walk Forward

7 8 Step R Forward, step L Hitch

II. (SIDE - ROCK CROSS OVER) R/L - WALK BACK R/L/R with MOVE SHOULDER - HOOK

1 2& Step R to side, step L Cross Over, Recover on R3 4& Step L to side, step R Cross Over, Recover on L

5 6 Step R/L walk back

7 8 Step R backward, step LHook

III. SIDE - TOGETHER - SACHEE - SYNCOPATED DIAGONAL ROCKING CHAIR TOUCH

1 2 Step R to side, step L closed to R

3&4 Step R to side, step.L closed to R, step R to side

5&6& Step L Cross Over R, Recover on R, step L back diagonal, Recover on R

7&8 Step L Cross Over R, Recover on R, step L back diagonal Touch

IV. SIDE - CLOSE - SACHEE TURN 1/4 - PUSH HIPS FORWD & BACK

1 2 Step L to Side, step R closed to L

3&4 Step L to side, step R closed to L, 1/4 Turn left step L Forward

5 6 Step R forward Push Hips forward - back7&8 Step R forward Push Hips forwd-back-forwd

V. CROSS OVER - SCISSOR - SIDE - CROSS OVER - SIDE - CROSS SACHEE

1 Step R Cross Over

2&3 Step L to Side, step RClosed to L, step LCross Over R

4 Step R to Side

5 6 Step L Cross Over, step R to Side

7&8 Step L Cross Over, stepR to Side, step L Cross Over

VI. SACHEE - SACHEE TURN 1/4 - SIDE MAMBO R / L

1&2 Step R to side, step L Closed to R, step R to side

3&4 Step L to Side, step R Closed to L, 1/4 Turn left step L Forward

5&6 Step R to Side, Recover on L, step R to Side7&8 StepL to Side, Recover on R, step L to Side

VII. DIAGONAL SHUFFLE R / L - (DIAGONAL -CLOSED) R/ L

1&2	Step R Forwd diagonal, step L Closed to R
3&4	Step L Forwd diagonal, step R Closed to L
5 6	Step R Back diagonal.step L Touch Closed to R

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