

New Yodelling Polka

COPPER KNOB
STEPPERS

拍数: 32 墙数: 1 级数: Beginner Polka
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音乐: Auf Und Auf Voll Lebenslust (Lebenslust-Jodler) - Franzl Lang



Intro: 32 Counts, *No Tag / No Restarts.

S1 : Chasse, rock & recover, (2 times)

1&2, 3-4 Step RF To R Side, Together LF, Step RF To R Side, Rock LF back , Recover To RF
5&6, 7-8 Step LF To L Side, Together RF, Step LF To L Side, Rock RF back , Recover To LF

S2 : Triple step (x4) Turn 1/2 Right.

1&2, Make 1/8 turn R, Step RF Forward , LF Together, Step RF Forward
3&4 Make 1/8 turn R, Step LF Forward, RF Together, Step LF Forward
5&6, Make 1/8 turn R, Step RF Forward , LF Together, Step RF Forward
7&8 Make 1/8 turn R, Step LF Forward, RF Together, Step LF Forward (6 : 00)

**** This is the EZ Version, only 16 Counts, 2 Wall. No Tag, No restart.****

S3 : Diagonal Syncopated Lock Step

1&2&3&4 Cross RF over LF Diagonal Forward(1), LF toe behind(&), Step on RF(2), LF toe behind (&), Step on RF(3), LF toe behind(&), Step on RF(4)
5&6&7&8 Cross LF over RF Diagonal Forward(5), RF toe behind(&), Step on LF(6), RF toe behind (&), Step on LF(7), RF toe behind(&), Step on LF(8)

S4 : Triple step (x4) Turn 1/2 Right.

1&2, Make 1/8 turn R, Step RF Forward , LF Together, Step RF Forward
3&4 Make 1/8 turn R, Step LF Forward, RF Together, Step LF Forward
5&6, Make 1/8 turn R, Step RF Forward , LF Together, Step RF Forward
7&8 Make 1/8 turn R, Step LF Forward, RF Together, Step LF Forward(12 : 00)

Repeat

Enjoy and happy dancing

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