

# Forever Us

**COPPER KNOB**  
STEPSHEETS

拍数: 80      墙数: 2      级数: Easy Intermediate  
编舞者: Jeanette Feinberg (USA) - June 2021  
音乐: Love Will Keep Us Together - Captain & Tennille



Count: 80 (don't let this stop you as many sections are repeated)

Restart: Wall 3 Tag: Walls 4&5

Dance starts after 16 count intro

## Section 1 - 2 steps forward with scuffs, 2 walks, forward shuffle

1-2            Step forward right, scuff left foot  
3-4            Step forward left, scuff right foot  
5-6            Walk forward right, walk forward left  
7&8            Shuffle forward right left right

## Section 2 - Back Toe heel down, back toe heel down, rock back, rock forward, shuffle forward

1-2            Step left toe back, left heel down  
3-4            Step right toe back, right heel down  
5-6            Rock back left, rock forward right  
7&8            Shuffle forward left right left

## Section 3 - ¼ turn right, touch, step touch, ¼ left, touch, step brush

1-2            ¼ turn right stepping to right (3:00), touch left next to right  
3-4            Step to left, touch right next to left  
5-6            ¼ turn left stepping on right, touch left next to right (12:00).  
7-8            Step to left side, brush right to right side

## Section 4 - Grape vine right, side rock, cross and cross

1-2-3-4        Step right, left behind right, step right, left in front of right  
5-6            Rock side right, rock side left  
7&8            Cross right over left, step to left, cross right over left

## Section 5 - Grape vine left, side rock, cross and cross

1-2-3-4        Step left, right behind left, step left, right in front of left \*see restart Wall 3  
5-6            Rock side left, rock side right  
7&8            Cross left over right, step to right, cross left over right

**\*Restart Wall 3, Section 5 ( 12:00) Change count 4 to a hitch - Restart the dance**

## Section 6 - Heel, hold, tap, hold, down, down, up, touch

1-2-3-4        Right heel forward, hold, tap right next to left, hold  
5-6-7-8        Step down right bending knee, step down left bending knee, step up right, touch left next to right

**On count one, extent left hand forward, waist high, palm facing forward for "Stop"  
Bring hand down on count 3**

## Section 7 - Heel, hold, tap, hold, down, down, up, touch

1-2-3-4        Left heel forward left, hold, tap left next to right, hold  
5-6-7-8        Step down left bending knee, step down right bending knee, step up left, touch right next left

**On count one, extend right hand forward, waist high, palm facing forward for "Stop"  
Bring hand down on count 3**

## Section 8 - ¼ Monterey turn right, ¼ Monterey turn right

1-2            Point right foot to right side, make ¼ right stepping right next to left, (3:00)

- 3-4 Point left foot to left side, step left next to right  
5-6 Point right foot to right side, make ¼ turn to right, step right next to left, (6:00)  
7-8 Point left foot to left side, step left next to right

**Section 9 - Scissor step, hold, back, forward, touch, hold**

- 1-2-3-4 Step right to right side, left together left, cross right over left, hold  
5-6-7-8 Rock back left, rock forward right, touch left next to right, hold

**Section 10 - Scissor step, hold, back, forward, touch, hold**

- 1-2-3-4 Step left to side, right together left, cross left over right, hold  
5-6-7-8 Rock back right, rock forward left, touch right next to left, hold (tag wall 4 & 5)

**Tag walls 4 & 5**

**Rocking Chair**

- 1-2-3-4 Rock forward right, recover on left, rock back right, recover on left

**Contact: Jeanette Feinberg - [jmf720@aol.com](mailto:jmf720@aol.com)**

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