

# Sommer Og Sol

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Runa (DK) - July 2021  
音乐: Sommer Og Sol - Birthe Kjær : (iTunes)



Intro: 16 c

## S1. Rock, recover, shuffle back, back-rock, recover, fwd shuffle

1-2            Rock fwd on R, recover on L  
3&4           Step back on R, step L beside R, step back on R  
5-6            Rock back on L, recover on R  
7&8            Step fwd on L, step R beside L, step fwd on L

## S2. Rocking-chair, jazzbox ¼ turn R, cross

1-2            Rock fwd on R, recover on L  
3-4            Rock back on R, recover on L  
5-6            Cross R over L, step back on L ¼ turn R (3:00)  
7-8            Step R to R side, cross L over R

## S3. ( Side-rock, cross-shuffle ) x 2 (R-L)

1-2            Rock R to R side, recover on L  
3&4            Cross R over L, step L to L side, cross R over L  
5-6            Rock L to L side, recover on R  
7&8            Cross L over R, step R to R side, cross L over R

## S4. ½ Monteray turn, ( heel strut ) x 2 (R-L)

1-2            Point R to R side, make ½ turn R on LF stepping R beside L (9:00)  
3-4            Point L to L side, step L beside R  
5-6            Step fwd on R heel, slap toes down taking weight on RF  
7-8            Step fwd on L heel, slap toes down taking weight on LF

**ENDING: Last wall 9 starts at 12:00.**

**To remain facing 12:00: Dance the first 12 counts and replace "Jazzbox ¼ turn R" with "Jazzbox on the spot". Crossing L over R will end the dance.**

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