

Bella Ciao

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Betty Dance (HK) - July 2021
音乐: Bella ciao (feat. Maître Gims, Vitaa, Dadju & Slimane) - Naestro



Intro : 16 (Slow Counts)

Section 1 - STOMP, SIDE, CROSS, SIDE, MARCH 4 STEPS

1-2-3-4 Stomp R, step L to L, cross R over L, step L
5-6-7-8 March in place R, L, R, L (with hand claps)

Section 2 - FORWARD, POINT, BACK, POINT, FORWARD, STEP WITH ½ R TURN (6:00), BACK, STEP

1-2-3-4 Forward R, point L behind R, back R, point L in front of R
5-6-7-8 Forward R, step L next to R with ½ R turn (6:00), back R, step L next to R

Section 3 - (CROSS, RECOVER, SIDE) x 2, (POINT, STEP) x2

1&2-3&4 Cross R over L, recover L, step R to R side, cross L over R, recover R, step L to L side,
5-6-7-8 Point R over L, step R to R side. Point L over R, step L to L side

Section 4 - FORWARD x 3, POINT, BACK, BACK, POINT, STEP WITH ¼ R TURN (9:00)

1-2-3-4 Forward R, L, R, point L behind R
5-6-7-8 back L,R , point L to L side, step L next to R with a ¼ R turn (9:00)

*2nd wall at 9:00

Please watch my dance demo and tutorial videos for hand styling and practice!

Let's be happy & dance in the sun!

END
