

Authentically You

COPPERKNOB
STEPSHEETS

拍数: 32
编舞者: Jason Takahashi (USA) - July 2021
音乐: Who You Are - Anna Clendening

级数: High Intermediate NC2S



Dance begins after 16 counts

[1-8] L Sweep, Behind, Step ¼ R, Pivot ½ R, Turn ½ R, Back x2, Reverse ½ Pivot R, Back, Turn ½ L

- 1 2& Step R slightly behind L, sweeping L from front to back (1), Step L behind R (2), Turn ¼ R stepping R forward (&) [3:00]
3 4&5 6 Step L forward (3), Pivot ½ R transferring weight to R (4) [9:00], Turn ½ R stepping back on L (&) [3:00], Step R back (5), Step L back (6) [3:00]
7&8& Step R back and begin ½ turn pivot to R (7), Finish pivot by transferring weight back to L (&) [9:00], Step R back (8), Turn ½ L stepping L forward (&) [3:00]

[9-16] ¼ L NC Basic, ¼ R NC Basic, Sway x2, Cross Rock, ¼ R, Turn ½ R

- 1 2& Turn ¼ L stepping R to R (1) [12:00], Rock L slightly behind R (2), Recover onto R (&) [12:00]
3 4& Turn ¼ R stepping L to L (3) [3:00], Rock R slightly behind R (4), Recover onto L (&) [3:00]
5, 6 Sway body R (5), Sway body L (6) [3:00]
7&8& Cross rock R over L (7), Recover onto L (&), Turn ¼ R stepping forward on R (8) [6:00], Turn ½ R stepping back on L (&) [12:00]

[17-24] Turn ½ R w/ L Sweep, Cross, Side, Back Rock, Recover, Side, Turn ¼ R w/ Back Point, Turn ½ R, Big Step Back, Back Rock, Recover

- 1 2&3 Turn ½ R stepping forward on R sweeping L from back to front (1) [6:00], Cross L over R (2), Step R to R (&), Rock back on L slightly behind R (angle body towards [4:30]) (3) [6:00]
4&5 6 Recover onto R (4), Step L to L (&), Turn ¼ R Pointing R backwards (5) [7:30], Turn ½ R transferring weight to L (6) [1:30]
7, 8& Big step back on R dragging L (7), Rock L back (8), Recover onto R (&) [1:30]

[25-32] Turn ⅝ R, Side, Cross, NC Basic, Turn ¼ R, Turn ½ R, Side Lunge ¼ R, Recover ¼ R, Step Side ¼ R

- 1 2& Turn ⅝ R stepping back onto L (1) [9:00], Step R to R (2), Cross L over R (&) [9:00]
3 4& Step R to R (3), Rock L slightly behind R (4), Recover onto R (&) [9:00]
5, 6, 7 Turn ¼ R stepping back onto L (5) [3:00], Turn ½ R stepping forward on R (6) [6:00], Turn ¼ R Lunging onto L side (7) [9:00]
8& Turn ¼ R recovering onto R (8) [12:00], Turn ¼ R stepping L to L (&) [3:00]

Tag (16 counts):

Occurs after Wall 2, after the end of the dance. You will be facing [6:00].

At the end of the tag, you will start the dance at [12:00] for Wall 3.

[1-8] Sweep x3, Behind, ¼ R, Forward L w/ Full Turn Spiral, Walk w/ Toe Drag x2, Cross, Side

- 1, 2, 3 Step R slightly behind L, sweeping L from front to back (1), Step L back sweeping R from front to back (2), Step R back sweeping L from front to back (3) [6:00]
4&5 Cross L behind R (4), Turn ¼ R stepping forward on R (&) [9:00], Step forward on L as you make a full spiral turn R (5) [9:00]
6, 7 Step R forward and you drag toes of L (6), Step L forward as you drag toes of R (7) [9:00]
8& Cross R over L (8), Step L to L (&) [9:00]

[9-16] Repeat counts 1-8

End facing [12:00]

Bridge (6 counts):

Occurs after Count 22 on Wall 5 facing [7:30]. It is a total of 6 counts: 1 additional count, and repeating Counts 18-22, before continuing on with the dance.

(Note: After completing the 6 counts, you will have turned ½ turn, and continue with the dance as if completing Wall 1 or 3 (The ones starting at [12:00]). Wall 6 will begin facing [3:00])

[1-6] Back Rock, Recover, Side w/ Square Up, Back Rock, Recover, Side, Turn ⅙ w/ Back Point, Turn ½ R
1 2&3 Rock back on R (1) [7:30], Recover onto L (2), Step R to R squaring up (&) [6:00], Rock back on L slightly behind R (angle body towards [4:30]) (3) [6:00]
4&5 6 Recover onto R (4), Step L to L (&), Turn ⅙ R Pointing R backwards (5) [7:30], Turn ½ R transferring weight to L (6) [1:30]

Ending: Dance ends on Wall 7, on Count 17, with the usual choreography: the ½ turn w/ sweep, and will end facing [12:00].
