

Flame

拍数: 32 墙数: 4 级数: Advanced
编舞者: Hiroko Carlsson (AUS) - July 2021
音乐: Flames (feat. Avril Lavigne) - MOD SUN : (Spotify)



(32 counts intro)

[S1] Fwd, Fwd Rock, Back w/ Drag Heel, Back Rock, Fwd, Kick-Back, Back w/ Heel Drag, Back Rock

1 2& Step forward on R, Rock forward on L, Recover weight on R
3 4& Step back on L/ dragging R heel close to L, Rock back on R, Recover weight on L
5 6& Step forward on R, Kick forward on L, Step back on L
7 8& Step back on R/ dragging L heel close to R, Rock back on L, Recover weight on R

[S2] Step-Pivot 1/4R, Cross-Hinge 1/2L Turn-Touch, Side w/ Slide, Behind-1/4R-Step-Pivot 1/2R-1/2R-1/4R

1 2 Step forward on L, Make a 1/4 turn right recover weight on R (3:00)
3& Cross L over R, Make a 1/4 turn left stepping back on R (12:00)
4& Make a 1/4 turn left stepping L to the side, Touch R next to L (9:00)
5 6& Big step R to the side/ slide L close to R, Step L behind R, Make a 1/4 turn right stepping forward on R (12:00)
7& Step forward on L, Make a 1/2 turn right recover weight on R (6:00)
8& Make a 1/2 turn right stepping back on L, Make a 1/4 turn right stepping R to the side (3:00)

[S3] Side-Touch-Side, 1/4L (Sweep) Coaster Step, Touch-Side, 1/4L (Sweep) Back Rock into 1 and 1/2L Turn Back

1&2 Stomp L to the side, Touch R next to L, Step R to the side/sweeping L around (prep for 1/4L turn)
3&4 Make a 1/4 turn left stepping back on L, Step R next to L, Step forward on L (12:00)
&5 Touch R next to L, Step R to the side/sweeping L around (prep for 1/4L turn)
6& Make a 1/4 turn left stepping (rock) back on L, Recover weight on R (9:00)
7& Step forward on L, Make a 1/2 turn left stepping back on R (3:00)
8& Make a 1/2 turn left stepping forward on L, Make a 1/2 turn left stepping back on R (3:00)

[S4] Back Rock, 2x Ball Pivot 1/2R-Side, Behind Rock, 1/2L Square Turn-Touch-Side

1 2 Rock back on L, Recover weight on R
&3 Step forward on ball of L, Make a 1/2 turn right recover weight on R (9:00)
&4& Step forward on ball of L, Make a 1/2 turn right recover weight on R, Step L to the side (3:00)
5& Rock R behind L, Recover weight on L
6&7 Step R to the side, Make a 1/4 turn left stepping L to the side, Make a 1/4 turn left stepping R to the side (9:00)
&8 Touch L next to R, Step L to the side

No tags or restarts

Ending suggestion: The last wall starts at 9:00. Dance up to count 17. (Stomp L to the left)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 30/Jun/21)