

I Got Bar Friends

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Rob Holley (USA) - June 2021
音乐: Bar Friends - Restless Road : (Single - iTunes)



**** 2nd place UCWDC Newcomer/Novice Division – 2022 Country Dance World Championships ****
Intro: 16 (start on vocals)

[1-8] CROSS ROCK, SIDE ROCK, CROSSING SHUFFLE, SIDE STEP, TOUCH

1-2 Cross rock R over L (1), recover weight on L (optional clap) (2)
3-4 Rock R to R side (3), recover weight on L (optional clap) (4)
5&6 Cross R over L (5), step L to L side (&), cross R over L (6)
7-8 Step L to L side (7), touch R next to L (optional clap) (8)

[9-16] LINDY RIGHT, ROCK RECOVER, ½ CHASE TURN, WALK, WALK

1&2 Step R to R side (1), step L next to R (&), step R to R side (2)
3-4 Rock L behind (3), recover weight on R (4)
5&6 Step L forward (5), pivot ½ turn R (weight to R) (&), step L forward (6) (6:00)
7-8 Step R forward (7), step L forward (8)

[17-24] SYNCOPATED ROCK RECOVER, BALL STEP, ½ PIVOT LEFT, FORWARD SHUFFLE

1-2& Rock R forward (1), recover weight on L (2), step R next to L (&)
3-4& Rock L forward (3), recover weight on R (4), step L next to R (&)
5-6 Step R forward (5), turn ½ L (weight on L) (6) (12:00)
7&8 Step R forward (7), step L next to R (&), step R forward (8)

Tag happens here on wall 7

[25-32] ¼ TURN LEFT HEEL GRIND, COASTER STEP, TOE SWITCHES, HOLD

1-2 Touch L heel forward (1), twist/grind heel ¼ turn L & step R back (2) (9:00)
3&4 Step L back (3), step R back (&), step L forward (4)
5&6 Point R toe to R side (5), step R next to L (&), point L toe to L side (6)
&7 8 Step L next to R (&), point R toe to R side (7), hold (optional clap) (8)

TAG: During wall 7, after 24 counts, facing 6:00

[1-6] STEP FORWARD, POINT, STEP BACK, POINT, STEP FORWARD, POINT

1-2 Step L forward (1), point R to R side (2)
3-4 Step R back (3), point L to L side (4)
5-6 Step L forward (5), point R to R side (6)

Restart dance from beginning

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Last Update - 11 Jan. 2022 - R2