

Lost On You Bachata

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 1 级数: Phrased Intermediate
编舞者: Luciana D (INA) - June 2021
音乐: Lost On You (feat. Yogo) (Bachata Version) - DJ Khalid



Phrased: ABCC ABCC BC BC
No intro, dance start on word "OLDER"
No tag no restart

A-1: BASIC BACHATA (R-L)

1 2 Step RF to side (1), step LF together (2)
3 4 Step RF to side (3), touch LF together w/ hip bump (4)
5 6 Step LF to side (5), step RF together (6)
7 8 Step LF to side (7), touch RF together w/ hip bump (8)

A-2: SIDE, ½ TURN R, STEP R, ½ TURN R-HITCH, CROSS, JAZZ BOX w/ TOUCH

1 2 Step RF to side (1), ½ turn R (2)
3 4 Step R to side (3), ½ turn R w/ hitch (4)
5 6 Step LF across RF (5), step RF back (6)
7 8 Step LF to side (7), touch RF together w/ hip bump (8)

A-3: BACK BACHATA BASIC, SIDE ROCK (L-R-L), TOUCH

1 2 Step RF back (1), step LF together (2)
3 4 Step RF back (3), touch LF together w/ hip bump (4)
5 6 Rock LF to side (5), recover RF (6)
7 8 Rock LF to side (7), touch RF w/ hip bump (8)

(Optional : 5 6 7 8 you can do sway or side wave)

A-4: RIGHT BACHATA BASIC, POINT, BODY ROLL

1 2 Step RF to side (1), step LF together (2)
3 4 Step RF to side (3), touch LF together (4)
5 6 Point LF to side w/ BODY ROLL start from head (5), roll connection to chest (6)
7 8 Roll connection to hip (7), finish with drop hip - change weight to LF (8)

B-5: BACHATA BOX

1 2 Step RF to side (1), Step LF together (2)
3 4 Step RF to back (3), touch LF together w/ hip bump (4)
5 6 Step LF to side (5), step RF together (6)
7 8 Step LF forward (7), touch RF together w/ hip bump (8)

B-6: ROCK FWD-RECOVER-FWD, TOUCH, SIDE, HIP ROLL, TOUCH

1 2 Rock RF forward (1), recover LF (2)
3 4 Rock RF forward (3), touch LF together (4)
5 6 Step LF to side w/ HIP ROLL to left (5), hip to back (6)
7 8 Hip to right (7), touch RF together (8)

B-7: FORWARD, ½ TURN L, ¾ TURN L, TOUCH, BACK, TOGETHER, FORWARD, ¼ TURN L -TOUCH

1 2 Step RF step forward (1), ½ turn L (2)
3 4 ¾ Turn L (3), touch LF together w/hip bump - facing 01.30 (4)
5 6 Step LF to back (5), step RF together (6)
7 8 Step LF forward (7), ¼ turn L touch RF together - facing 12.00 (8)

B-8: RIGHT BACHATA BASIC, SLIDE, DRAG, TOUCH

1 2 Step RF to side (1), step LF together (2)
3 4 Step RF to side (3), touch LF together w/ hip bump (4)
5 6 Slide LF to L (5), drag R (6)
7& 8 Step R together w/ shoulder isolation R (7), shoulder isolation L (&) , shoulder isolation R

C-9: SYNCOPATED : STEP-TOE 2X, FORWARD SHUFFLE R-L-R, SIDE-TOGETHER L-R, TOUCH

1& 2& Step RF forward (1), toe LF behind RF (&), step LF (2), toe RF in front of LF(&)
3& 4& Step RF forward (3), step LF together (&), step RF forward (4), touch LF together (&)
5& 6& Step LF to side (5), touch RF together (&), Step RF to side (6), touch LF together (&),
7 8 Step LF to side (7), touch RF together (8)

C-10: RIGHT BACHATA BASIC, FULL BACHATA TURN L, TOUCH

1 2 Step RF to side (1), Step LF together (2)
3 4 Step RF to side (3), touch LF together w/ hip bump (4)
5 6 Step LF to side (5), ½ turn L-facing 06.00 (6)
7 8 ½ turn L (7), touch RF together w/ hip bump - facing 12.00 (8)

C-11: RIGHT BACHATA BASIC, SIDE -TOUCH R-L

1 2 Step RF to side (1), step LF together (2)
3 4 Step RF to side (3), step LF together touch (4)
(optional 1 2 3 4 - you can do 2x body roll)
5 6 Step LF to side (5), touch RF together (6)
7 8 Step RF to side (7), touch LF together (8)

C-12: SIDE TOGETHER, BACK-TOGETHER, SIDE-TOUCH R-L

1 2 Step LF to side (1), step RF together (2)
3 4 Step LF to back (3), touch RF together w/ hip bump (4)
5 6 Step RF to side (5), touch LF together w/ hip bump (6)
7 8 Step LF to side (7), touch RF together w/ hip bump (8)

NOTE :

You can ***apply hip bump*** on action ***touch***

You can also ***apply body roll*** in some part you feel comfort with it. It will be sexy dancing ☐

Enjoy the dance. Thank you.

Submit by dechryz@gmail.com
