

Like A Lady

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Caroline Cooper (UK) & Julie Snailham (ES) - June 2021
音乐: Like a Lady - Lady A



#16 COUNTS INTRO

SECTION 1: SIDE, BEHIND, SIDE HEEL BALL CROSS, SIDE, BEHIND, SIDE HEEL BALL CROSS (slow vaudeville)

1-2& Step R to R side, cross L behind R, step R to R side (12)
3&4 Tap L heel to L diagonal, close L next to R, cross R over L (12)
5-6& Step L to L side, cross R behind L, step L to L side (12)
7&8 Tap R heel to R diagonal, close R next to L, cross L over R (12)

SECTION 2: SIDE TOUCH, CHASSE TURN, SIDE TOUCH, CHASSE TURN

1-2 Step R to R side, touch L next to R (12)
3&4 Shuffle ¼ turn L, stepping L R L (9)
5-6 Step R to R side, touch L next to R (9)
7&8 Shuffle ¼ turn L, stepping L R L (6)

Restart here on walls 2 & 5

SECTION 3: CROSS, BACK, COASTER STEP, ROCK, RECOVER, CHASSE TURN

1-2 Cross R over L, step back L (6)
3&4 Step back R, step L next to R, step fwd R (6)
5-6 Rock fwd L, recover R (6)
7&8 ¼ turn L stepping L to L side, close R next to L, step L to L side (3)

SECTION 4: PRISSY WALK, PRISSY WALK, MAMBO, SWEEP BACK, SWEEP BACK, BEHIND, SIDE, CROSS

1-2 Cross R over L as you step fwd, cross L over R as you step fwd (3)
3&4 Rock fwd R, recover L, step R next to L (3)
5-6 Sweep L back, sweep R back (3)
7&8 Sweep L behind R, step R to R side, cross L over R (3)

*1st restart

Start the dance facing 3 o'clock wall 2 dance 16 steps restart the dance facing 9 o'clock.

**2nd restart

Start the dance facing 3 o'clock wall 5 dance 16 steps, restart the dance facing 9 o'clock

Thanks for teaching/dancing our dance. Our contact details are
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