

Bodo Amat

拍数: 64 墙数: 2 级数: Phrased Improver
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(INA) & Erica Damayanti (INA) - June 2021
音乐: Bodo Amat - Julia Vio & Insan Aoi



Intro music after on vocal 32 count

Sequence : A BB (16 counts) Restart AA BB (16 counts) Restart AA MAIN BRIDGE TAG (4 counts) AAA

PHRASED A

SECTION A1 : TOUCH (HEEL-TOE), CHASSE

1 - 2 Touch R heels forward, Touch R toes beside left
3 & 4 Step R to side, Close L beside right, Step R to side
5 - 6 Touch L heels forward, Touch L toes beside right
7 & 8 Step L to side, Close R beside left, Step L to side

SECTION A2 : ANCHOR STEP (2x), COASTER STEP, PIVOT ¼ TURN RIGHT

1 & 2 Rock R slightly behind left (3rd position), Recover on L, Recover on R
3 & 4 Rock L slightly behind right (3rd position), Recover on R, Recover on L
5 & 6 Rock R backward, Close L beside right, Step R forward
7 - 8 Step L forward, Turn ¼ right Recover on R (weight on right) facing on 03:00

SECTION A3 : HEEL JACK, COASTER STEP, PIVOT TURN ½ RIGHT

1 & 2 & Cross L over right, Step R to side, Touch L heels diagonal forward, Step L in place
3 & 4 Cross R over left, Step L to side, Touch R heels diagonal forward
5 & 6 Rock R backward, Close L beside right, Rock R forward
7 - 8 Step L forward, Turn ½ right Recover on R (weight on right)

SECTION A4 : LOCK FWD, TURN ¼ LEFT, JAZZ BOX

1 & 2 Step L forward, Lock R behind left, Step L forward
3 - 4 Step R forward, Turn ¼ left Recover on left (weight on left)
5 - 6 Cross R over left, Rock L backward
7 - 8 Step R to side, Rock L forward

PHRASED B

SECTION B1 : KICKBALL POINT (R-L), BOTAFOGO (R-L)

1 & 2 Kick R forward, Close R beside left, Touch L toes to side
3 & 4 Kick L forward, Close L beside right, Touch R toes to side
5 & 6 Cross R over left, Step L to side, Step R in place
7 & 8 Cross L over right, Step R to side, Step L in place

SECTION B2 : CROSS BEHIND, SIDE, RECOVER (R-L), TURN ½ LEFT PIVOT, TURN ¼ LEFT

1 & 2 Cross R behind left, Rock L to side, Recover on R
3 & 4 Cross L behind right, Rock R to side, Recover on L
5 - 6 Step R forward, Turn ½ left Recover on L (weight on left) facing on 06:00
7 - 8 Step R forward, Turn ¼ left Recover on L (weight on right) facing on 03:00

SECTION B3 : GRAPEVINE (R-L)

1 & 2 & 3 - 4 Cross R over left, Step L to side, Cross R behind left, Step L to side, Cross R over left, Touch L toes to side
5 & 6 & 7 - 8 Cross L over right, Step R to side, Cross L behind right, Step R to side, Cross L over right, Touch R toes to side

SECTION B4 : PADDLE TURN ¼ LEFT (2x), JAZZ BOX TURN ¼ RIGHT

- 1 - 2 Step R forward, Turn ¼ left Recover on left (weight on left) facing on 12:00
3 - 4 Step R forward, Turn ¼ left Recover on left (weight on left) facing on 09:00
5 - 6 Cross R over left, Turn ¼ right Rock L backward (facing on 12:00)
7 - 8 Step R to side, Rock L forward

MAIN BRIDGE

SECTION 1: WALK FWD (R-L), TURN ¼ L, SIDE, TOUCH L BEHIND R, HOLD, TURN ¼ RIGHT, BACKWARD

- 1 - 2 Walk forward on R, L
3 - 4 Turn ¼ left Step R to side, Touch L slightly behind right foot in conjunction with Head and forefinger of right and left hand pointing forward at 12 o'clock and body still facing on 09 o'clock (weight on R foot)
5 - 6 Hold, hold
7 - 8 Turn ¼ right Stepping backward L, R with forefinger of right and left hand pointing forward at 12 o'clock (facing on 12:00)

SECTION 2 : BACKWARD, TURN ¼ RIGHT, SIDE TOUCH, SIDE, TOUCH R BEHIND L, HOLD

- 1 - 2 Step L backward, Turn ¼ right Step R to side
3 - 4 Touch L beside left, Step L to side
5 - 6 Touch R slightly behind left, Head and forefinger of right and left hand pointing forward at 12 o'clock and body still facing 03 o'clock (weight on the left foot)
7 - 8 Hold, hold (facing on 03:00)

SECTION 3 : WALK TURN TO RIGHT IN 4 WALKS, FULL CIRCLE TO THE LEFT IN 4 WALKS

- 1 - 2 - 3 - 4 Step R forward (still facing on 03:00), Turn ¼ right Step L forward (facing on 06:00), Turn ¼ right Step R forward (facing on 09:00), Turn ¼ right Step L forward (facing on 12:00)

Here : Like Walk turn to the right make a circle in 4 steps. Starting on the R and finishing on the L facing on 12:00

- 5 - 6 - 7 - 8 Turn ¼ left Step R forward (facing on 09:00), Turn ¼ left Step L forward (facing on 06:00), Turn ¼ left Step R forward (facing on 03:00), Turn ¼ left Step L forward (facing on 12:00)

Here : Like Walk round in full circle to the Left in 4 steps. Starting on the R finishing on the L facing on 12:00

SECTION 4 : TWICE JAZZ BOX

- 1 - 2 Cross R over left, Rock L backward
3 - 4 Step R to side, Rock L forward
5 - 6 Cross R over left, Rock L backward
7 - 8 Step R to side, Rock L forward

NOTE :

TAG (4 counts)

After Main Bridge (32 counts)

: Do V Step with shimmy shoulder

- 1 - 2 - 3 - 4 Step R diagonal forward with Shimmy shoulder , Step L diagonal forward with Shimmy shoulder, Step R back to centre, Close L beside right

CHANGE STEP

(1) On wall 3 after B (16 counts) facing on 12:00

(1 count) : Step L forward

(2) On wall 7 after B (16 counts) facing on 12:00

(1 count) : Turn ½ left Step L forward

Enjoy your dance

Thank you so much for supporting us

For more info about song and Step Sheets, Please contact : Anna Bax : anna.franciscusbax@gmail.com

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Started from our project last month.... it was finally finished last June 16, 2021

Sweet note :

The essence of this song describes an arrogant attitude, feeling smart, feeling right and feeling better than others, and not wanting to be left behind, there must be envy.

The Conclusions Drawn :

Stay big hearted, don't be arrogant, always be humble, care, respect each other, be friendly, be fair, be honest from the heart, stay away from jealousy and envy and be sincere in friendship.

Love you Girl's ☐
