

Love Man

拍数: 96 墙数: 2 级数: Beginner
编舞者: Lisa Williams (USA) - June 2021
音乐: Love Man - Otis Redding



Tag: wall 2 - after 88 counts (don't do the last heel heel hip roll) slow right hip, slow left hip, slow right hip, fast right rocking chair, start from beginning

Right foot step, Heel toe heel Left foot towards Right foot x2

- 1 2 3 4 step your right foot to the right, left heel turns in, left toe turns in, left heel turns in, towards the right foot
- 5 6 7 8 step your left foot to the left, right heel turns in, right toe turns in, right heel turns in, towards the left foot
- 1 2 3 4 step your right foot to the right, left heel turns in, left toe turns in, left heel turns in, towards the right foot
- 5 6 7 8 step your left foot to the left, right heel turns in, right toe turns in, right heel turns in, towards the left foot

Grapevine to the right with Kicks Grapevine to the left with kicks

- 1 2 3 4 step you're right foot right, step left foot behind your right foot, step your right foot right, kick your left foot diagonally towards the right
- 5 6 step down on your left foot kick your right foot diagonally towards your left,
- 7 8 step down on your right foot kick your left foot diagonally towards the right
- 1 2 3 4 step your left foot left, step your right foot behind your left foot, step your right foot right, kick your right foot diagonally towards the left
- 5 6 step down on your right foot kick your left foot diagonally towards your right
- 7 8 step down on your left foot kick your right foot diagonally towards the left

8 Alternating knee swivels (Twisting motion) (option add hands waving up the front of the body) (Travel forward)

- 1 2 step on the ball of your right foot turning your right knee towards the right, step on the ball of your left foot turning your left knee towards the left
- 3 4 step on the ball of your right foot turning your right knee towards the right, step on the ball of your left foot turning your left knee towards the left
- 5 6 step on the ball of your right foot turning your right knee towards the right, step on the ball of your left foot turning your left knee towards the left
- 7 8 step on the ball of your right foot turning your right knee towards the right, step on the ball of your left foot turning your left knee towards the left

Right sailor, left sailor, right sailor, left sailor 1/4 turn left X2

- 1&2 Step your right foot behind your left Step your left foot to the left step right foot to the right
- 3&4 Step your left foot behind your right step your right foot to the right step your left foot to the left
- 5&6 Step your right foot behind your left Step your left foot to the left step right foot to the right
- 7&8 Step your left foot behind your right step your right foot back and turn toward the left step your left foot to the left and finish the 1/4 left turn (9:00) repeat starting from the knee swivels finishing with the sailor steps ending at (6:00)

Grapevine right, clap push or thrust hips forward while bringing elbows back,

- 1 2 3 4 Step your right foot to the right, left foot behind the right foot, step your right foot right, step down on the left foot and clap.
- 5 6 pump 2 times, hips forward as you bend the arms and pull elbows back, slightly facing left diagonal

7 8 pump 2 times, hips forward as you bend the arms and pull elbows back, slightly facing right diagonal

Grapevine Left, clap push or thrust hips forward while bringing elbows back

1 2 3 4 step your left foot to the left right foot behind the left foot, step your left foot left, step down on the right foot and clap

5 6 pump 2 times, hips forward as you bend the arms and pull elbows back, slightly facing right diagonal

7 8 pump 2 times, hips forward as you bend the arms and pull elbows back, slightly facing left diagonal

R Heel, L Heel, Kick Right foot, Hip swivel (right ball of foot) Step R forward 2 Right hip rolls step L forward 2 Left hip rolls x 2

1 & Put the right heel forward, replace and step on the right foot,

2 & put the left heel forward, replace it and step on the left foot

3 & Kick right foot forward, bring right knee up turned back diagonally

4 & place right ball of foot toes facing back to the right, twist on ball of foot bringing right knee and toes facing forward

5-6 step right foot forward stay on the ball of the foot roll hips clockwise twice

7 -8 step left foot forward stay on the ball of the foot roll hips counterclockwise twice

(repeat this eight count)

Notes: I was not planning on making this an actual dance. I originally created it by turning some past fitness moves into line dance moves. I thought it would be just funny to giggle and laugh with the Crystal Coast Dancers (CCD) They ended up loving it, so here it is, I hope everyone has fun with it!
