

D.O.D

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Fred Whitehouse (IRE) - June 2021
音乐: Dancing On Dangerous (feat. Sofia Reyes) - Imanbek & Sean Paul



Intro - 16 Counts/9 seconds from start of track, No Tags or Restarts.

[1-8] Weave R, Cross & Cross, & Together, Cross, ½ turn Run L,R,L

1,2& Step RF to R side, step LF behind R, Step RF to R side
3&4 Cross LF over R, step RF to R side, cross LF over R
&5,6 Step RF to R side, close LF next to R, cross RF over L
7&8 ¼ Turn L stepping LF forward, close RF next to L, ¼ turn L stepping LF forward (6.00)

[9-16] Press, Recover x2, & Touches x3, & Heel

1,2& Rock RF forward, recover on to LF, close RF next to L
3,4 Rock LF forward, recover on to RF
&5 Step LF to L side, touch RF next to L
&6 ¼ Turn L stepping RF to R side, touch LF next to R
&7 ¼ turn L stepping LF to L side, touch RF next to L
&8 Step RF to R side, touch L heel to L side (12.00)

[17-24] Ball Cross, Side, Sailor Step, Cross, Side, Sailor ¼ L

&1,2 Close LF next to R, cross RF over L, step LF to L side
3&4 Step RF behind L, step LF to L side, step RF to R side
5,6 Cross LF over R, step RF to R side
7&8 Step LF behind R, step RF to R side, ¼ L stepping LF forward (9.00)

[25-32] Volta Full turn R, Kick & Sit, & Twist, & Touch

1&2 ¼ turn R stepping RF to R, close LF next to R, ¼ turn R stepping RF forward
&3,4 Close LF next to R, ¼ turn R stepping RF to R side, ¼ turn R stepping LF forward (9.00)
5&6 Kick RF forward, step RF back, touch LF forward
&7 Twist L heel out, twist L back to center
&8 Step LF to L side, touch RF next to L

Short and Sweet. Enjoy
