

# And I Love Her

**COPPER KNOB**  
STEPSHEETS

拍数: 40                      墙数: 4                      级数: High Beginner  
编舞者: Obig Luvansyah (INA) - June 2021  
音乐: And I Love Her - Chris Landmark : (Beatles Cover)



Intro : 16 Count

## LONG STEP, HOLD, FORWARD, ROCK STEP, RECOVER, SIDE SHUFFLE

1 2                      Long step Rf to R side, Hold  
3 4                      Step Lf next to Rf, Step Slightly Forward Rf  
5 6                      Rock Forward Lf, Recover on Rf  
7 & 8                      Step Lf 1/4 turn L, Step Rf next to Lf, Step Lf to L side ( 09.00 )

## ROCKING CHAIR, PIVOT TURN, FORWARD SHUFFLE

1 2                      Step rock forward Rf, Recover on Lf  
3 4                      Step rock backward Rf, Recover on Lf  
5 6                      Step Rf forward, Pivot 1/2 turn L ( 03.00 )  
7 & 8                      Step Rf forward, Step Lf next to Rf, Step Rf forward

## ROCK STEP, RECOVER, SIDE, HIP BUMP, SIDE SHUFFLE

1 2                      Step Rock Lf forward, Recover on Rf  
3 4                      Step Lf to L side, Step touch Rf Beside Lf with Hips R  
5 6                      Step Rf to R side, Step touch Lf beside Rf with Hips L  
7 & 8                      Step Lf to L side, Step Rf next to Lf, Step Lf to L side

## CROSS, UNWIND FULL TURN, SIDE ROCK, RECOVER, CROSS, CROSS SHUFFLE

1 2                      Cross step Rf over Lf, Unwind full turn L ( Put your weight on Rf )

### Optional step for beginner

1 2                      Cross step Rf over Lf, Hold  
3 4                      Rock Lf out to L side, Recover on Rf  
5 6                      Cross step Lf over Rf, Small step Rf to R side  
7 & 8                      Cross step Lf over Rf, Small step Rf to R side, Cross Lf over Rf

## BASIC NIGHT CLUB R, L

1 2                      Long step Rf to R side, Drag Lf towards R  
3 4                      Step rock back on Lf, Rock forward on Rf  
5 6                      Long step Lf to L side, Drag Rf towards L  
7 8                      Step rock back on Rf, Drag Rock forward on Lf

Restart at wall 3 after 32 count ( facing 06.00 )

Enjoy the dance ...

E-mail: [obigluvansyah@gmail.com](mailto:obigluvansyah@gmail.com)

Last Update - 1 July 2021