Alcohol Free



拍数: 32 墙数: 4 级数: Improver

编舞者: Hyeon Gyeong Jang (KOR) - June 2021

音乐: Alcohol-Free - TWICE



Start: 16 Count

Section 1: (Side, Together, Side, Bump, Bump) x2 step right to side, step left together 1-2 3&4 step right to side, left hip, right hip 5-6 step left to side, step right together 7&8 step left to side, right hip, left hip

Section 2: Side Point with Hips Lifted & Dropped, Behind, Side, Cross, Hitch, Side, Together, Hitch, Side,

Together

1&2 point right toes to right side as lifting hips up, drop hips down, lift hips up

3&4 cross right behind left, step left to left, cross right over left

5&6 left hitch, step left to left, step right together

*Arms

*5 both hands above your knees

*&6 right hand next to right waist, left hand next to left waist 7&8 right hitch, step right to right, step left together

*Arms

*7 both hands above your knees

Section 3: (Walk, Together, Back, Together) x2, K step

1&2&	step right forward with bo	dy roll step left together	sten right back with h	ody roll step left
ΙαΖα	Step Hulli lolwaru with bo	JUV TOII. SLED IEH LOUEHTEL.	SLED HUHL DACK WILH L	JUUV TUII. SIED IEIL

together

3&4& step right forward with body roll, step left together, step right back with body roll, step left

together

*Arms

1-4 right hand next to right waist, left hand next to left waist

forward right diagonal right, touch left together, back left diagonal right, touch right together 5&6& 7&8& back right diagonal right, touch left together, forward left diagonal reft, touch right together

Section 4: Vine, Ball touch, Together, Side, Together, Turn 1/4 right shimmy, Shimmy, Down hip, Up hip

1&2& step right to right, cross left behind right, step right to right, cross left over right

3-4 touch right to right, step right together,

5-6 turn ¼ right stepping right forward Shaking shoulders & hips, step left forward Shaking

shoulders & hips,

7-8 Down hip, Up hip with body roll

Smile and enjoy the dance

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^{*&}amp;8 right hand next to right waist, left hand next to left waist