

Starting Over

拍数: 0 墙数: 0 级数: Phrased Intermediate
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音乐: Starting Over - Chris Stapleton



Sequence: A,A,B,B,A(56),A,A,B,B,A,A(30) TAG, B,B,A,A(56) FINAL

PARTE A

STEP, STEP, POINT, STEP, POINT, POINT, POINT, TOUCH

1-2-3-4 Right step fwd, left step fwd, point right toe to right, right step fwd
5-6-7-8 Point left toe to left-fwd-left, touch left beside right

STEP, POINT, BACK, KICK, SLOW COASTER STEP, SCUFF

1-2-3-4 Left step fwd, point right toe behind left, right step back, left kick fwd
5-6-7-8 Left step back, right beside left, left step fwd, right scuff

STEP, TURN, TOE, TURN, HEEL, TURN, STEP, TURN

1-2-3-4 Right step fwd, turn ½ left, turn ½ left and point right toe back, drop right heel to floor
5-6-7-8 Turn ½ left and left heel fwd, drop left toe to floor, right step fwd, turn ½ left

STEP-LOCK-STEP, HOLD, OUT, OUT, BACK, HOLD

1-2-3-4 Right lock step (R-L-R), hold
5-6-7-8 Left step fwd diagonally to left, right step fwd diagonally to right, cross left behind right, hold

LOCK-STEP-BACK, HOLD, ROCK STEP, TURN, SCUFF

1-2-3-4 Right lock back (R-L-R), hold
5-6-7-8 Turn ½ left and left rock step fwd, recover on right, turn ½ left and left step fwd, right scuff

VAUDEVILLE, VAUDEVILLE

1-2-3-4 Right vaudeville steps
5-6-7-8 Left vaudeville steps

ROCK STEP, BACK, HOLD, SLOW COASTER STEP, STOMP

1-2-3-4 Right rock step, recover on left, right step back, hold
5-6-7-8 Left step back, right beside left, left step fwd, right stomp together

GRAPEVINE RIGHT, HOOK, GRAPEVINE LEFT, TURN

1-2-3-4 Right to right, cross left behind right, right to right, left hook behind right
5-6-7-8 Left to left, cross right behind left, left to left, turn ½ right and right hook over left

PARTE B

CROSS, KICK, CROSS, KICK, ROCK BACK, CROSS, KICK (jumping)

1-2 Cross right over left and left hook behind right, left step back and right kick fwd
3-4 Cross right over left and left hook behind right, left step back and right kick fwd
5-6 Right rock back, recover on left
7-8 Cross right over left and left hook behind right, left step back and right kick fwd

CROSS, KICK, KICK, CROSS, ROCK BACK, STOMP, STOMP (jumping)

1-2 Cross right over left and left hook behind right, left step back and right kick fwd
3-4 Step right to right and kick left fwd, cross left over right
5-6 Right rock back, recover on left
7-8 Right stomp beside left (2 times)

RESTART:

At 3rd A: Restart after 56 counts.

TAG & RESTART

At 7th A after 30 counts TAG: 31-32 Turn ½ left and left step fwd, right scuff.

Then RESTART with part B

FINAL: At the last A after 56 counts: Cross right over left, turn ½ left.

HAVE FUN !!
