

Absolutely Not

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ria Vos (NL) - June 2021
音乐: Absolutely Not (Chanel Club Extended Mix Edit) - Deborah Cox : (Album: The Morning After)



Album: The Morning After (Note: this is Not the version from the Queer As Folk Series)

Intro: 32 Counts

Step Pivot ½ Turn L, Toe Strut, Full Turn R, Step Fwd, Kick-Ball-Step

1-2 Step Fwd on R, Pivot ½ Turn L (6:00)
3-4 Step on R Toe Fwd, Lower R Heel
5-6 ½ Turn R Step Back on L, ½ Turn R Step Fwd on R (6:00)
7 Step Fwd on L
8&1 Kick R Fwd, Step on Ball of R Next to L, Step Fwd on L

Hitch, Step Back, Point Back, ½ Turn L, ¼ L Side, Behind, Chasse ¼ Turn R

2-3 Hitch R, Step Back on R
4-5 Point L Toe Back, ½ Turn L Step Fwd on L (12:00)
6-7 ¼ Turn L Step R to R Side, Step L Behind R (9:00)
8&1 Step R to R Side, Step L Next to R, ¼ Turn R Step Fwd on R (12:00)

Step Pivot ½ Turn R, Cross, Side Rock, Cross, Side Rock-Cross

2-3 Step Fwd on L, Pivot ½ Turn R (6:00)
4-5 Cross L Over R, Rock R to R Side
6-7 Recover on L, Cross R Over L
8&1 Rock L to L Side, Recover on R, Cross L Over R

Point R, Point Back, Kick-Ball-Cross, Side Rock, Behind-Side-Cross

2-3 Point R to R Diagonal, Point R Slightly Back
4&5 Kick R to R Diagonal, Step on Ball of R Next to L, Cross L Over R
6-7 Rock R to R Side, Recover on L
8&1 Step R Behind L. Step L to L Side, Cross R Over L

Full Circle Walk Around Turning L (L-R-L Shuffle-R-L-R Shuffle)

Note: During next 8 counts you will form a Full Circle Walk Around Turning L

2-3 Walk L, Walk, R
4&5 Shuffle Fwd Stepping L-R-L
6-7 Walk R, Walk, L
8&1 Shuffle Fwd Stepping R-L-R

Rock Fwd, Step Back, Swivel, Hitch, Big Step Back, Drag, Ball-Step

2-3 Rock Fwd on L, Recover on R
4&5 Step Back on L, Swivel Both Heels to R Side, Recover (weight on L)
6-7 Hitch R, Big Step Back on R
8& Drag L Towards R, Step on Ball of L Next to R ***Restart Point
1 Step Fwd on R

Hitch ¼ R, Cross, Hold, Full Turn L, Drag, Ball-Cross

2-3 Hitch L into a ¼ Turn R, Cross L Over R (9:00)
4 Hold
5-6 ¼ Turn L Step Back on R, ½ Turn L Step Fwd on L (12:00)

7-8 ¼ Turn L Step R Long Step to R Side, Drag L Towards R (9:00)
&1 Step on Ball of L Next to R, Cross R Over L

Point, Behind, Point, Monterey ½ R, Point, Touch, Kick-Ball

2-3 Point L to L Side, Step L Behind R

4-5 Point R to R Side, Monterey ½ Turn R Stepping R Next to L (3:00)

6-7 Point L to L Side, Touch L Next to R

8& Kick L Fwd, Step on Ball of L Next to R

Restart: On wall 6 After 48 counts (9:00)
