

My Bestie

拍数: 32 墙数: 4 级数: Improver
编舞者: Abadi Haria (INA) - June 2021
音乐: Iko Iko (My Bestie) (feat. Small Jam) - Justin Wellington



S1. STEP SIDE, TOUCH, KICK BALL CROSS (2X)

1-2 Step RF to R side, Touch LF beside RF
3&4 Kick LF fwd, Ball close LF beside RF, Cross RF over LF
5-6 Step LF to L side, Touch RF beside LF
7&8 Kick RF fwd, Ball close RF beside LF, Cross LF over RF

S2. WALK R-L, PIVOT ½ TURN LEFT. WALK FORWARD, TOUCH, BACKWARD , TOUCH

1-2 Step RF fwd, Step LF fwd
3-4 Turn ½ right. Step RF fwd, Step LF fwd
5-6 Step RF fwd, Touch LF slightly behind RF
7-8 Step LF backward, Touch RF beside LF

S3. MAMBO (RIGHT-LEFT- FORWARD- BACKWARD)

1&2 Rock RF To R side, Recover On LF, Step RF beside LF
3&4 Rock LF to L side, Recover On RF, Step LF beside RF
5&6 Rock RF fwd, Recover On LF, Step RF beside LF
7&8 Rock LF backward, Recover On RF, Step RF beside LF

S4. CHASSE RIGHT, ROCK BACKWARD, RECOVER, TURN ¾ VOLTA

1&2 Step RF to R side, Step LF beside RF, Step RF to R side
3-4 Rock LF backward, Recover On RF
5&6& Turn ¼ left. Step LF fwd, Step RF beside LF, Turn ¼ left Step LF fwd, Step RF beside LF
7&8 Turn ¼ left Step LF fwd, Step RF beside LF, Close LF beside RF

TAG 1 (4C) AFTER Wall 1,3,4 :

1-2 Step RF to R side , Step LF to L side (angle your body to right & left)
3-4 Back RF to centre, Step LF beside RF

TAG 2 (8C) After Wall 6 : CROSS, TOUCH, BEHIND, TOUCH. (RIGHT - LEFT)

1-2 Cross RF over LF, Touch LF to L side
3-4 Cross LF over RF, Touch RF to R side
5-6 Cross RF behind LF, Touch LF to L side
7-8 Cross LF Behind RF, Touch RF to R side

ENJOY THE DANCE

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