

I'm Just So Glad You Exist

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Terry Daily (USA) - June 2021
音乐: Glad You Exist - Dan + Shay



¼ Heel Grind, Coaster, Shuffle, Touch & Hip Bumps

1-2 Press R Heel into ground and recover on L while turning ¼ turn R
3&4 Step back R, Step L next to R, Step Fwd R
5&6 Step Fwd L, step R next to L, step fwd L
7&8 Touch R toe fwd and R hip bump up and down

(Alternative to touch and hip bumps....You can step and twist both heels out and in)

Shuffle, ¼ Sailor, ¼ Turn, Crossing Shuffle

1&2 Step back R, step L next to R, step back R
3&4 Sweep L behind R while turning ¼ turn L, step down R, Step down L
5-6 Step fwd R turn ¼ turn over L shoulder, shift weight to L and step down
7&8 Cross R over L and step down, step L slightly to L side, cross R over L again

Restarts are here on 3rd wall @ 3:00 and 6th wall @ 6:00

(Change crossing shuffle to a cross side touch. They will be singing Ooh Oohs!)

Side Rock, Behind Side Cross, Rock and Recover, Kick Out Out

1-2 Rock L out to L side, Recover R
3&4 Step L behind R, Step R out to R side, Cross L over R
5-6 Rock R to R side; recover to L
7&8 Kick R fwd, Step out and down R, Step Out L (weight ends L)

(add some style here with the rocks and hips)

Hip Bumps, ½ Turn, Kick Ball Change

1-2 Hip Bumps; 2 R hip bumps to the R (high)
3-4 Hip Bumps; 2 L hip bumps to the L (low)
5-6 Step fwd R, make a ½ turn over L shoulder and shift weight to L
7&8 Kick R foot fwd, Step down R, step down L

There are 2 restarts on the 3rd and 6th walls.

You will have to change the crossing shuffles to a cross side touch and Restart.

Hope you enjoy the Dance!!!

Please do not alter stepsheet.

Contact Me @ Krazylinedancer@yahoo.com

Last Update - 1 July 2021