

Country Back

拍数: 48 墙数: 4 级数: Beginner
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音乐: Back - Alan Jackson



Starts with lyrics

S1 [1-8] HEEL SWITCHES (RIGHT, LEFT), DIAGONALLY STEPS WITH STOMP UP (FORWARD, RIGHT)

1-2 Touch right heel forward, step right beside left
3-4 Touch left heel forward, step left beside right
5-6 Right step fwd diagonally to right, stomp up left next to right
7-8 Left step back diagonally to left, stomp up right next to left

S2 [9-16] DIAGONALLY STEPS WITH STOMP UP (BACK, RIGHT), HEEL SWITCHES (RIGHT, LEFT)

1-2 Right step back diagonally to right, stomp up left next to right
3-4 Left step fwd diagonally to left, stomp up right next to left
5-6 Touch right heel forward, step right beside left
7-8 Touch left heel forward, step left beside right

S3 [17 - 24] GRAPEVINE (RIGHT, LEFT), HOOK BACK

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, left hook behind right, slap heel
5-6 Step left to left side, cross right behind left
7-8 Step left to left side, right hook behind left, slap heel

S4 [25 - 32] HOLD (x2), COASTER STEP LEFT, MILITARY PIVOT LEFT (x2)

1-2 Hold, hold
3&4 Step left back, step right beside left, step left fwd
5-6 Step right fwd, 1/2 turn left on balls of both feet ending with weight on left
7-8 Step right fwd, 1/2 turn left on balls of both feet ending with weight on right

S5 [33 - 40] JUMPING ROCK BACK, STOMP (x2), SWIVEL RIGHT HEEL OUT-IN (x2)

1-2 Jump backwards onto right and kick left fwd, recover onto left
3-4 Stomp right slightly fwd (x2)
5-6 Swivel right heel out and in
7-8 Repeat steps 5-6 (weight on left)

S6 [41 - 48] ROCKING CHAIR, JAZZ BOX WITH 1/4 TURN RIGHT

1-2 Weight on right fwd, recover left in place,
3-4 Weight on right back, recover left in place
5-6 Cross right over left, turn 1/4 right and step left back
7-8 Step right to side, stomp left beside right (03:00)

ENDING after step 2 in S2 [9-16]

S1 [1 -6] JAZZ BOX WITH 1/4 TURN RIGHT, STOMP, HOLD

1-2 Cross right over left, turn 1/4 right and step left back
3-4 Step right to side, stomp left beside right fwd
5-6 Stomp right fwd, hold

TAG (x6)

"I got my boots, I got my hat
I'm bringin' country back"

***at the end of 3rd , 5th ,9h , .11th, 15th,,17th repetition**

3 rd repetition- after step 3&4 (coaster step left) in S4 [25 - 32]

5 th 9th 11th 15th 17th repetition - after step 7 - 8 (swivel heel out-in) in S5 [33 - 40]

S1 [1 - 6] KICK BALL STEP WITH STOMP (RIGHT), POINT CROSS CORTEOUS, RECOVER, STOMP (x2), HOLD (x2)

1&2 Kick right fwd, recover right in place, step left fwd with a stomp (weight on left)

3-4 Toe touch left cross behind right foot (the knee of the right leg is bent) and touch the brim of the hat (a light grasp between your thumb and first finger), recover

5-6 Stomp left, hold, stomp right, hold
