Stronger Than The Wind

级数: Phrased Intermediate

编舞者: Seonaid M. Williams (SCO/NOR) - June 2021

音乐: UNBREAKABLE - KEiiNO

Dance starts after approx 6 seconds from hearing start of music, on the vocals - 'I was' Sequence: AA BBB AA BB BB

Part A = 16 counts

- RF STEP RIGHT, BEHIND, SIDE, CROSS ROCK, ¼ TURN LEFT
- 1,2 & RF Big step to right, cross LF behind RF, step RF to right,
- 3&4 Cross LF over RF, recover on RF, ¼ turn L step forward on LF

SWEEP RF FORWARD, SWEEP LF FORWARD, WEAVE TO LEFT

- 5,6, Sweep RF forward, sweep LF forward
- 7&8& Sweep RF, cross RF over LF, step LF to left, cross RF behind LF, step LF to left

CROSS ROCK, ¼ TURN RIGHT, PIVOT ½ TURN RIGHT, STEP LEFT, SWEEP

- 1,2 & Cross rock RF over LF, recover on LF, step 1/4 turn to right on RF
- 3&4 Step forward on LF, pivot ½ turn right onto RF, step LF to left, sweeping RF behind

BEHIND, SIDE, CROSS SHUFFLE, BACK, BACK, CROSS

- 5&6& Cross RF behind LF, step LF to left, cross RF over LF, step LF to left
- 7&8& Cross RF over LF, step back on LF, step back RF to right diagonal, cross LF over RF (NB! Music slows down very slightly on second time of dancing the above 4 counts, follow the music!)

Part B = 28 counts,

- STEP RIGHT, STOMP, KICK BALL CROSS, STEP CROSS, 1/4 TURN, 1/4 SHUFFLE TURN
- 1,2, RF big step to right, stomp LF facing left diagonal, keeping weight on RF
- 3&4 Kick LF diagonally forward, step left together, cross RF over LF
- &5,6 Step LF to left, cross RF over LF, 1/4 turn to right, stepping back on LF
- 7&8 1/4 turn to right, shuffle forward R, L, R

WALK, WALK, ROCKING CHAIR, WALK, ANCHOR STEP, TOUCH BACK

- 1,2, Walk forward on LF, walk forward RF.
- 3&4& Rock forward on LF, Recover on RF, Rock back on LF (with slight knee dip), Recover on RF
- 5,6& Walk forward on LF, Rock RF behind LF. Recover weight onto LF.
- 7,8 Step slightly back on RF, Touch left toe back

1/2 PIVOT TURN, STEP, 1/4 TURN, BEHIND, SIDE, CROSS SHUFFLE, STEP, BEHIND, SIDE

- 1,2,3 1/2 pivot turn left, onto LF, step forward on RF, 1/4 turn left onto LF
- 4&5&6 Cross RF behind LF, step LF to left, cross RF over LF, step LF to left, cross RF over LF
- 7,8& Step LF to left, cross RF behind LF, step LF to left

JAZZ BOX WITH CROSS

1,2,3,4 Cross RF over LF, step back on LF, step RF to right, Cross LF over RF

ENDING The dance finishes on the 3 o'clock wall; swivel 1/4 turn left on ball of LF to face the front wall and point RF to right (option; hands out to sides or hands in the air)

Last Update - 13 Mar 2022





拍数: 44

墙数:4