

Run, Run, Run

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Georgie Mygrant (USA) - June 2021
音乐: Run - OneRepublic



Intro: 16 (*2 Tags at the end of wall 1 and 4)

Lindy R, Rocking Chair, Repeat on L

1-4 Step R/L/R, Rock back on L, return to R
5-8 Rock L fwd. back on R, back on L, return to R
1-4 Step L/R/L, rock back on R, return to L
5-8 Rock R fwd. back on L, back on R, return to L

Shuffle Fwd. R/L

1-4 Step Fwd. R/L/R, step Fwd. L/R/L
5-8 Step back, R/L/R, step back L/R/L

Cross Point Fwd. R/L and Back R/L, Turning R on Last Step

1-4 Step fwd. R, point L to L side, step fwd. L. point R to R side
5-8 Step back R, Point L to L side, step back on L, turning $\frac{1}{4}$ R, touch R

Tag Pivot 4- $\frac{1}{4}$ steps around, 2 counts each (Total 16 Counts)

*1-8 Step fwd. on R, weight back on L turning $\frac{1}{4}$ L(1-2), step fwd. on R, weight on L turning $\frac{1}{4}$ L(3-4), Step fwd. on R, weight on L turning $\frac{1}{4}$ L(5-6), step fwd. on R, weight on L turning $\frac{1}{4}$ L(7-8), Making a complete circle.

*1-8 Jazz Box 2x in Place: Step R over L, step back on L, step on R, then L, Repeat!

That's it! Start over! Have fun!

Contact: mygeo@adamswells.com