

The Way

拍数: 32 墙数: 4 级数: Beginner
编舞者: Runa (DK) - June 2021
音乐: The Way - Dennis Lloyd : (iTunes)



Intro: 16 c

S1. Cross-rock, recover, chassé x 2 (R-L)

1-2 Cross-rock R over L, recover on L
3&4 Step R to R side, step L beside R, step R to R side
5-6 Cross-rock L over R, recover on R
7&8 Step L to L side, step R beside L, step L to L side

S2. Jazzbox ¼ turn R, step, rock, recover, shuffle back

1-2 Cross R over L, step L back ¼ turn R (3:00)
3-4 Step R to R side, step fwd on L
5-6 Rock fwd on R, recover on L
7&8 Step back on R, step L beside R, step back on R

S3. Back-rock, recover, fwd shuffle, rocking-chair

1-2 Rock back on L, recover on R
3&4 Step fwd on L, step R beside L, step fwd on L
5-6 Rock fwd on R, recover on L
7-8 Rock back on R, recover on L

S4. L ¼ paddle-turn x 2, cross, point, cross, point

1-2 Touch fwd on R, ¼ turn L taking weight on L (12:00)
3-4 Touch fwd on R, ¼ turn L taking weight on L (9:00)
5-6 Cross R over L, point L to L side
7-8 Cross L over R, point R to R side
