

Beautiful Pain

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Beautiful Pain - BTOB



Tag : 2 (After wall 3 & wall 8)

Section 1 : Basic night club RL - turn 1/4 Left - turn 1/2 right - Turn Left

1-2& Slide R to side R, close L behind R, cross R over L
3-4& Slide L to side L, cross R behind L, turn 1/4 step L forward (09.00)
5-6& Step R forward, turn 1/2 right step L (03.00), recover on R
7-8& Step L forward turn left (03.00), Step L forward

Section 2 : Step rock forward, cross L, step R, cross L, sailor R, cross diagonal R, cross diagonal L

1-2& Step R forward, sailor cross L over R, step R to side R
3-4& Cross L behind R, Sailor step R, step L to side
5-6& Cross diagonal rock R over L, recover L, step side R
7-8& Cross diagonal rock L over R, recover R, step side L

Section 3 : Rock Forward R, Rock Forward L, Turn 1/2 Left, Step lock step L

1-2& Rock R forward, recover L, step R together L
3-4& Rock L forward, recover R, step L together R
5&-6 Step R forward, turn 1/2 left, recover on left (09.00), step R forward
7&-8 Step lock step L

Section 4 : Slide R, Slide L, Sway R , L , R , L

1-2& Slide R to side R, Close together L to R, switches R
3-4& Slide L to side L, close together R to L, switches L
5678 Step R to side R, sway R, sway L, sway R, sway L, close point R.

Tag : 2 (after wall 3 & wall 8) 4 count :

1-4 Sway R, sway L, sway R, sway L, close point R