

The Best You Can

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Robert Ogier (NZ) & Debbie Hopkinson (NZ) - June 2021
音乐: Who I Am - Alan Jackson : (Album: Who I Am)



Intro: 16 Counts.

KICK BALL CHANGE, ¼ TURN LEFT, X2

1&2 Kick right foot forward, touch right beside left, step left Beside right
3-4 Step right foot forward, turn ¼ left,
5&6 Kick right foot forward, touch right beside left, step left Beside right,
7-8 Step right foot forward, turn ¼ left.

WEAVE LEFT, JAZZ BOX

1,2,3,4 Cross right over left, step left to left side, cross right behind Left, step left to left side
5,6,7,8 Cross right over left, step left behind right, step right to right Side, step left beside right.

SHUFFLE FORWARD R-L-R, L-R-L, ROCKING CHAIR

1&2 Step right foot forward, step left beside right, step right foot Forward,
3&4 Step left foot forward, step right beside left, step left foot Forward,
5-6-7-8 Step right foot forward, rock back onto left, step right foot Back, rock forward onto left.

STEP ¼ LEFT, SHUFFLE FORWARD R-L-R, ROCK FORWARD, RECOVER, COASTER STEP.

1-2-3&4 Step forward on right, turn ¼ left, step forward on right, Step left beside right, step forward on right,
5-6-7&8 Rock forward on left, rock back onto right, step left back, Step right beside left, step left forward.

TAG: WALLS 2,3,4,7,8,9

1-4 Hip Bumps right, left, right, left.

RESTART: WALL 5 After Jazzbox.
